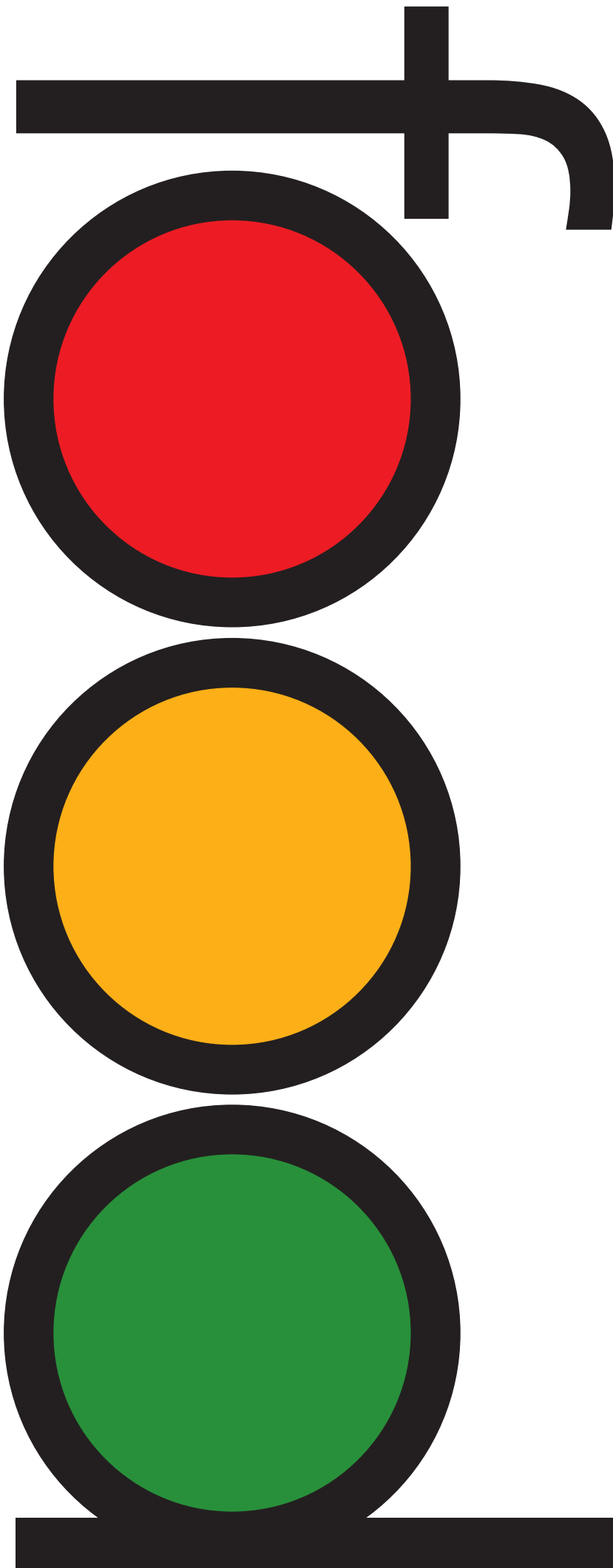




FOOD
STANDARDS
AGENCY



There is a new labelling system on food. It tells you the levels of sugars, fat, saturated fat and salt.

Red means high.

Amber means medium.

Green means low.

The Food Standards Agency. Helping you make healthier choices.

eatwell.gov.uk/trafficlights