

# Holland & Barrett recalls Soya Lecithin soft gel capsules because of undeclared peanuts

Holland & Barrett is recalling soya lecithin soft gel capsules because they contain peanuts which are not mentioned on the label. This means the product is a possible health risk for anyone with an allergy to peanuts.

## Product details

### Ultra Soya Lecithin 1200mg

Pack size	50 capsules
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### Ultra Soya Lecithin 1200mg

Pack size	100 capsules
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### Ultra Soya Lecithin 1200mg

Pack size	250 capsules
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### Mega Soya Lecithin 1325 mg

Pack size	100 capsules
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## Risk statement

### Allergen(s): Peanuts

This product contains peanuts making it a possible health risk for anyone with an allergy to peanuts.

## Action taken by the company

Holland & Barrett is recalling the above products from customers and have been advised to contact the relevant allergy support organisations, which will tell their members about the recall. The company has also issued a point-of-sale notice to its customers. These notices explain to customers why the products are being recalled and tell them what to do if they have bought the products. Please see the attached notice.

PDF

[Gweld Customer notice: Holland and Barrett Soya Lecithin soft gel capsules as pdf\(Open in a new window\)](#) (173.22 KB)

## **Our advice to consumers**

If you have bought the above product and have an allergy to peanuts, do not eat them. Instead return them to the store from where they were bought for a full refund.

### **About allergy alerts**

Sometimes there will be a problem with a food product that means it should not be sold. Then it might be 'withdrawn' (taken off the shelves) or 'recalled' (when customers are asked to return the product). Sometimes foods have to be withdrawn or recalled if there is a risk to consumers because the allergy labelling is missing or incorrect or if there is any other food allergy risk. When there is a food allergy risk, the FSA will issue an Allergy Alert.

Ref: FSA-AA-61-2022

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