Lidl Northern Ireland recalls Healthy Fit Vegan Protein Bar due to the presence of canola rapeseed protein - this ingredient can cause an allergic reaction to consumers who are allergic to mustard

Lidl Northern Ireland is recalling Healthy Fit Vegan Protein Bar because it contains canola rapeseed protein - this ingredient can cause an allergic reaction to consumers who are allergic to mustard.

Product details

Healthy Fit Vegan Protein Bar

Pack size	60g
Best before	end of 28 February 2026
Best before	end of 31 March 2026
Best before	end of 30 April 2026
Best before	end of 31 July 2026

Risk statement

Allergen(s): Mustard

This product contains canola rapeseed protein isolate which can cause an allergic reaction to consumers who are allergic to mustard.

Action taken by the company

Lidl Northern Ireland is recalling the above product and has been advised to contact the relevant allergy support organisations, which will tell their members about the recall. Point of sale notices will be displayed in all retail stores that are selling this product. These notices explain to customers why the product is being recalled and tell them what to do if they have bought the product. Please see the attached notice.
PDF
Gweld Customer notice: Healthy Fit Vegan Protein Bar as pdf(Open in a new window) (239.28 KB)

Our advice to consumers

If you have bought the above product and have an allergy to mustard, do not eat it. Instead, return it to where you bought it from for a full refund.

About allergy alerts

Sometimes there will be a problem with a food product that means it should not be sold. Then it might be 'withdrawn' (taken off the shelves) or 'recalled' (when customers are asked to return the product). Sometimes foods have to be withdrawn or recalled if there is a risk to consumers because the allergy labelling is missing or incorrect or if there is any other food allergy risk. When there is a food allergy risk, the FSA will issue an Allergy Alert.

Ref: FSA-AA-56-2025

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