

# Outcomes on novel food consultations

This page details the outcomes of novel food consultations, also known as Article 4 consultations.

The novel food consultation process (also known as an Article 4 consultation request) is available to businesses who are unsure of the [novel food status](#) of their product(s), and have evidence of a significant history of consumption of the food in the UK or European Union (EU) prior to May 1997.

[Retained \(EU\) Regulation 2018/456](#) details the information we will require to make the decision on the novel food status of the food. If the conclusion of the process is that the food is novel, then businesses will need to [apply for authorisation](#) to legally market the product in Great Britain (GB).

## Northern Ireland

In Northern Ireland, EU Food Law relating to novel foods continues to apply under the current terms of the [Protocol on Ireland/Northern Ireland](#).

Therefore, businesses seeking to establish the novel food status of their products in Northern Ireland should refer to the information provided by the [European Food Safety Authority \(EFSA\)](#) and the [EU Novel Food Catalogue](#).

Please note that unless a contrary statement is listed below, any decisions on the novel food status of a food made by the EU prior to the 1st of January 2021 still apply in GB. EU decisions following this date do not apply in GB.

## How to submit an Article 4 consultation request

Businesses seeking to market their product in GB can submit an Article 4 consultation request and supporting evidence using the FSA's [regulated products application service](#). In the 'Product type' section select 'Other' and add a summary of the product for which you intend to submit an Article 4 consultation request.

Below are the FSA/FSS statements on foods that have completed the consultation process.

Food concerned/date of notification	Statement on the food concerned
Non-selective aqueous decoctions of monk fruit (made from the fresh and dried fruit of the plant <i>Siraitia grosvenorii</i> ), 21 June 2024	Not novel - <a href="#">read the justification for this decision on monk fruit (HTML)</a>

Food concerned/date of notification	Statement on the food concerned
Selenium mushrooms ( <i>Agaricus bisporus</i> ), 13 June 2022	<p>Not novel - <a href="#">read the justification for this decision (PDF)</a></p> <p>Not novel - <a href="#">read the justification for this decision (HTML)</a></p>
Vitamin B12 mushrooms ( <i>Agaricus bisporus</i> ), 13 June 2022	<p>Not novel - <a href="#">read the justification for this decision (PDF)</a></p> <p>Not novel - <a href="#">read the justification for this decision (HTML)</a></p>

For more help on regulated product applications, read our [regulated products application guidance](#).