

## Food and You 2

Food and You 2 is our annual official statistic survey that measures people's self-reported knowledge, attitudes and behaviour relating to food safety and other food-related behaviours. If you have received a letter inviting you to take part in the Food and You 2 survey, please visit the [survey website](#).

### What is Food and You 2?

Food and You 2 is our annual official statistic survey with adults (aged 16 or over) in England, Wales and Northern Ireland ([footnote 1](#)).

The survey measures people's self-reported knowledge, attitudes and behaviour relating to food safety and other food-related behaviours.

Food and You 2 uses a 'push-to-web' method. This means that participants are initially sent a letter via post inviting them to take part in an online survey. Participants are also given the option of completing a paper version of the questionnaire.

### Topics covered in Food and You 2

Food and You 2 covers topics such as food safety in the home, food shopping, eating out and takeaways, food security, concerns about food, and trust in the FSA and food supply chain.

The following table provides a list of the modules and topics covered:

Module	Topics covered
About you and your household	<ul style="list-style-type: none"> <li>• Dietary preferences and food hypersensitivities (prevalence and diagnosis)</li> <li>• Shopping and cooking responsibilities</li> <li>• Demographic and household information</li> </ul>
Food you can trust	<ul style="list-style-type: none"> <li>• Awareness and trust in FSA</li> <li>• Confidence in food safety and authenticity</li> <li>• Confidence in the food supply chain</li> </ul>
Food concerns	<ul style="list-style-type: none"> <li>• Concerns about food</li> </ul>
Food security	<ul style="list-style-type: none"> <li>• Food insecurity prevalence (USDA food security module)</li> <li>• Food bank usage and frequency</li> <li>• Social supermarket usage</li> </ul>
Food shopping	<ul style="list-style-type: none"> <li>• Food purchasing behaviour</li> <li>• Confidence in allergen information</li> <li>• Awareness and actions taken in response to food and allergy alerts</li> <li>• Attitudes towards animal welfare, provenance and the environmental impact of food</li> </ul>

Module	Topics covered
Eating out and the Food Hygiene Rating Scheme (FHRS)	<ul style="list-style-type: none"> <li>• Attitudes and behaviour relating to eating out and ordering takeaways</li> <li>• Awareness and use of FHRS</li> </ul>
Eating at home	<ul style="list-style-type: none"> <li>• Food safety knowledge and behaviour in the home</li> </ul>
Food hypersensitivities	<ul style="list-style-type: none"> <li>• Detailed questions on food hypersensitivities</li> </ul>
Healthy eating (Northern Ireland only)	<ul style="list-style-type: none"> <li>• Healthy eating including knowledge (for example government guidance) attitudes and behaviour</li> </ul>
Food Choices	<ul style="list-style-type: none"> <li>• Healthy and sustainable diets</li> <li>• Purchasing behaviour</li> </ul>

## Publications

### Food and You 2 official statistic reports

The main report, technical report and data for each wave can be found at the following links:

- [Food and You 2: Wave 11](#)
- [Food and You 2: Wave 10](#)
- [Food and You 2: Wave 9](#)
- [Food and You 2: Wave 8](#)
- [Food and You 2: Wave 7](#)
- [Food and You 2 - Wave 6](#)
- [Food and You 2 - Wave 5](#)
- [Food and You 2 - Wave 4](#)
- [Food and You 2 - Wave 3](#)
- [Food and You 2 - Wave 2](#)
- [Food and You 2 - Wave 1](#)

### Technical report

[Food and You 2 Technical Report all waves](#)

### Secondary analysis reports

#### Food and You 2 trends

- [Food and You 2: 2020-2024 trends](#)
- [Food and You 2: 2020-2023 trends](#)

### Food Hygiene Rating Scheme

- [Food Hygiene Rating Scheme \(FHRS\) Food and You 2: Wave 10](#)
- [Food Hygiene Rating Scheme \(FHRS\) Food and You 2: Wave 8](#)
- [Food Hygiene Rating Scheme \(FHRS\) Food and You 2: Wave 6](#)
- [Food Hygiene Rating Scheme \(FHRS\) Food and You 2: Wave 4](#)
- [Food Hygiene Rating Scheme \(FHRS\) Food and You 2: Wave 2](#)

### Individual country reports

- [Food and You 2: Northern Ireland Wave 7-8 Key Findings](#)
- [Food and You 2: Northern Ireland Wave 5-6 Key Findings](#)
- [Food and You 2: Northern Ireland Wave 3-4 Key Findings](#)
- [Food and You 2: Northern Ireland and Wales Specific Wave 1-2 Key Findings](#)
- [Food Security in Northern Ireland Wave 1 \(PDF\)](#)

## Data tables, data set, and data user guide

- [Individual waves](#)
- [Trend data](#)

## SPSS data and survey materials (accessed via the UK Data Service)

[Food and You 2 wave 1 onwards](#)

## Future publications

Report	Date
Food and You 2: Wave 12 Key findings	Spring 2027

## Related research

- [Consumer Insights tracker: Food Standards Agency](#)

## Contact details

You can contact the Food and You 2 team using the following email address:

[foodandyou@food.gov.uk](mailto:foodandyou@food.gov.uk)

1. Food and You 2 was fielded biannually between Waves 1-10 before moving to annual in Wave 11.