

# **Calorie Wise businesses**

Calorie Wise is a free and voluntary scheme delivered by the Food Standards Agency (FSA) and councils in Northern Ireland.

### **About Calorie Wise**

The Calorie Wise scheme helps food businesses such as restaurants, takeaways, and cafés put calorie information on their menus. Knowing the number of calories you eat and drink can help ensure you don't have more than you need. The recommended calorie intake per day for adults is 2000Kcals for women and 2500Kcals for men.



#### **Finding a Calorie Wise Business**



A list of Calorie Wise businesses can be found below.

#### **Antrim and Newtownabbey Borough Council**

Business	Address
McDonald's	Abbey Centre, 5 Longwood Road, Newtownabbey, BT37 9UL
McDonald's	Glengormley, 290 Antrim Road, Newtownabbey, BT36 7QT
McDonald's	Junction One Retail Park, Antrim, BT41 4LL
Northern Health and Social Care Trust	Antrim Area Hospital, 45 Bush Road, Antrim, BT41 2RL
Northern Health and Social Care Trust	Holywell Hospital, 60 Steeple Road, Antrim, BT41 2RJ
Northern Health and Social Care Trust	Whiteabbey Hospital, Doagh Road, Newtownabbey, BT37 9RH

#### Ards and North Down Borough Council

Business	Address
McDonald's	Bloomfield Shopping Centre, South Circular Road, Bangor, BT19 7HB
McDonald's	Ards Shopping Centre, Circular Road, Newtownards, BT23 4EU
McDonald's	South Eastern Regional College (SERC), College Kitchen, Castle Park Road, Bangor, BT20 4TD

## Armagh, Banbridge and Craigavon Borough Council

Business	Address
McDonald's	The Outlet, Bridgewater Retail Park, Banbridge, BT32 4GJ
McDonald's	8 Edward Street, Lurgan, BT66 6D8
McDonald's	Meadows Shopping Centre, Meadow Lane, Potadown, BT62 3TN
McDonald's	Rushmere Shopping Centre, Central Way, Craigavon, BT64 1AT

# **Belfast City Council**

Business	Address
Belfast Health and Social Care Trust	Mater Hospital, Crumlin Road, Belfast, BT14 6AD
Belfast Health and Social Care Trust	Musgrave Park Hospital, Stockmans Lane, Belfast, BT9 7JB
Belfast Health and Social Care Trust	Spoons Restaurant, Royal Victoria Hospital, Grosvenor Road, Belfast, BT12 6BA
Belfast Health and Social Care Trust	Terrace Restaurant, Belfast City Hospital, 51 Lisburn Road, Belfast, BT9 7AE
Browns Fish and Chips	7 Woodbourne Crescent, Belfast, BT11 9PG
Chips N Things	870 Shore Road, Newtownabbey, BT36 7DQ
McDonald's	Connswater Retail Park, Belfast, BT5 4AF
McDonald's	233 Shore Road, Belfast, BT15 3PR
McDonald's	Belfast Boucher Road, 1-3 Glenmachan Street, Belfast, BT12 6JA
McDonald's	2-4 Donegal Place, Belfast, BT1 5BA
McDonald's	Westwood Shopping Centre, Kennedy Way, Belfast, BT11 9AP
McDonald's	Tesco Knocknagoney, 33 Knocknagoney Road, Belfast, BT4 2PW
McDonald's	2B Ballygomartin Road, Belfast, BT13 3LD
McDonald's	Mckinstry Road, Dunmurry, Belfast, BT17 9GX

# **Causeway Coast and Glens Borough Council**

Business	Address
McDonald's	8 Riverside Park East, Coleraine, BT51 3NA
Northern Health and Social Care Trust	Causeway Hospital, Newbridge Road, Coleraine, BT52 1HS

## **Derry City and Strabane District Council**

Business	Address
McDonald's	8 Crescent Link Retail Park, Londonderry, BT47 6SA
McDonald's	Foyleside Shopping Centre, Orchard Street, Londonderry, BT48 6XY
McDonald's	200 Strand Road, Londonderry, BT48 7PU
McDonald's	37 Railway Street, Strabane, BT82 8EQ

## Fermanagh and Omagh District Council

Business	Address
McDonald's	Cathcart Square, Dublin Road, Enniskillen, BT74 6HJ
McDonald's	Dromore Road, Omagh, BT78 1QZ

Business	Address
Western Health and Social Care Trust	South West Acute Hospital Restaurant, 124 Irvinestown Road, Enniskillen, BT74 6DN
Western Health and Social Care Trust	South West Acute Hospital Coffee Shop, 124 Irvinestown Road, Enniskillen, BT74 6DN
Western Health and Social Care Trust	River Café, Omagh Hospital and Primary Care complex,7 Donaghanie Road, Omagh, BT79 0NR
Western Health and Social Care Trust	Coffee Shop, Omagh Hospital and Primary Care complex, 7 Donaghanie Road, Omagh, BT79 0NR
Western Health and Social Care Trust	Tyrone and Fermanagh Hospital Restaurant, 1 Donaghanie Road, Omagh, BT79 0NS

# Lisburn and Castlereagh City Council

Business	Address
Belfast Health and Social Care Trust	Knockbracken restaurant, Knockbracken Healthcare Park, Saintfield Road, Belfast, BT8 8BH
McDonald's	536 Saintfield Road, Carryduff, Belfast, BT8 8EU
McDonald's	919 Upper Newtownards Road, Dundonald, BT16 1RQ
McDonald's	Sprucefield Shopping Centre, Hillsborough Road, Lisburn, BT27 5UN

# **Mid and East Antrim Borough Council**

Business	Address
McDonald's	North Road, Ballymena, BT43 5EY
McDonald's	Rogers Quay, Carrickfergus, BT38 8BE
McDonald's	Circular Road, Larne, BT40 1HW
Northern Health and Social Care Trust	Braid Valley Hospital, Cushendall Road, Ballymena, BT43 6HL

# **Mid Ulster District Council**

Business	Address
Dolphin	19 Georges Street, Dungannon, BT70 1BT
McDonald's	Sweep Road, Cookstown, BT80 8JR
McDonald's	The Oaks Centre, Oaks Road, Dungannon, BT70 1BT

# Newry, Mourne and Down District Council

Business	Address
McDonald's	Ballydugan Road, Downpatrick, BT30 6DR
McDonald's	Damolly Retail Park, Armagh Road, Newry, BT35 6PR

#### **Further Information**

More information on energy can be found in the calories section of our <u>Check the label page</u>.

If you run a food business and are interested in becoming Calorie Wise have a look on our <u>Calorie Wise page</u>.