

# Dr Ruth Hussey - FSA Board Member for Wales and Chair of the Welsh Food Advisory Committee

Outlines the professional history and qualifications of our Welsh Food Advisory Committee members.

Ruth retired as Chief Medical Officer for Wales in 2016 after nearly 4 years in the post.

In that time, she supported policy on:

- public health
- quality and safety
- primary care
- research and development
- health strategy with a focus on prudent health care

Born and brought up in north Wales, her career developed in England, initially training as a GP. She worked in academia, as Director of Public Health in Liverpool and then in strategic posts in north west England for the NHS and Department of Health. Prior to joining the Welsh Government, she was part of the Public Health Transition Team in the Department of Health, Whitehall.

Ruth recently Chaired a Parliamentary Review of Health and Social Care in Wales and is now a Commissioner on the Lancet/ LSE Commission on 'The Future of the NHS'.

She is Chair of the Welsh Food Advisory Committee and Board member of the Food Standards Agency, a member of the Health Inequalities Board, Public Health England and Advisory Board member for the NIHR, School of Public Health Research. She is an Honorary Professor at the University of Liverpool and has awards from other Universities in England and Wales. She became a Governor of the Health Foundation in Feb 2018 and is a member of the Wales Centre for Public Policy Advisory Group. She is Honorary President of the North Wales Ramblers Cymru and a member of their Welsh Council Exec Committee.

An interest in tackling health inequalities and involving communities in their health and well-being has underpinned her work.

## Personal Interests

### Consultancies and/or direct employment

- Public Health professional - Ruth is on the GMC register
- Farming - Brother is landowner in north Wales and has tenant farmers. Aunt and cousins are farmers in north Wales
- NHS - Ruth's brother is Chair of Betsi Cadwalader University Health Board and her husband is a GP in Liverpool
- Advisory Board member, NIHR, School of Public Health Research

- Member, Health Inequalities Board, Public Health England
- Commissioner, LSE/ Lancet Commission on 'The Future of the NHS'
- Advisory Group member, Wales Centre for Public Policy
- Advisory Member Welsh Council Exec Committee, Ramblers Cymru

### **Fee-paid work**

- None

### **Shareholdings**

- Unit Trusts only

### **Clubs and other organisations**

- Liverpool College Foundation – Member
- Ramblers Cymru - Honorary President north Wales area and member of Welsh Council Exec Committee
- Harthill Allotment society
- Informal collaboration with public health professionals (Harnessing Health network)
- Member, Faculty of Medical Leadership and Management
- Member BMA

### **Other personal interests**

- None

### **Non-personal interests**

#### **Fellowships**

- Honorary Academic positions with a number of Universities (Manchester Metropolitan, Liverpool John Moores, Liverpool, Swansea and Bangor)
- Fellow of the Royal College of Physicians, and Faculty of Public Health
- Indirect support

#### **Trusteeships**

- Governor, The Health Foundation
- The Reader Organisation

#### **Land and property**

- Brother is land owner in north Wales with tenant farmers. Aunt and cousins are farmers in north Wales
- Owns home in Liverpool

#### **Other public appointments**

- None

## **Other non-personal interests**

- None