

# Healthy Fit recalls Cookies & Cream Protein Bars because allergens are not declared in English

Healthy Fit is recalling Cookies & Cream Protein Bars because they contain milk and soya which are not mentioned in English on the label. This means the product is a possible health risk for anyone with an allergy or intolerance to milk or milk constituents and/or an allergy to soya. The products are sold in Lidl stores in Northern Ireland.

## Product details

### Healthy Fit Cookies & Cream Protein Bar

Pack size	60g
Batch code	002851
Best before	January 2026

## Risk statement

**Allergen(s):** Milk and soya

This product contains milk and soya making it a possible health risk for anyone with an allergy or intolerance to milk or milk constituents and/or an allergy to soya.

## Action taken by the company

Healthy Fit is recalling the above product and has been advised to contact the relevant allergy support organisations. Point of sale notices will be displayed in all Lidl retail stores that are selling this product. These notices explain to customers why the product is being recalled and tell them what to do if they have bought the product.

PDF

[View Customer notice: Healthy Fit Cookies and Cream Protein Bar as pdf\(Open in a new window\)](#)  
(120.04 KB)

## Our advice to consumers

If you have bought the above product and have an allergy or intolerance to milk or milk constituents and/or an allergy to soya, do not eat it. Instead return it to the store from where it was bought for a full refund (with or without a receipt).

## About allergy alerts

Sometimes there will be a problem with a food product that means it should not be sold. Then it might be 'withdrawn' (taken off the shelves) or 'recalled' (when customers are asked to return the product). Sometimes foods have to be withdrawn or recalled if there is a risk to consumers because the allergy labelling is missing or incorrect or if there is any other food allergy risk. When there is a food allergy risk, the FSA will issue an Allergy Alert.

Ref: FSA-AA-29-2025

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