

## Infant formula recalls

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You need to check which formula your baby is using. If it is one of [the affected batches](#), stop using it immediately, even if your baby seems well.

If you have already fed one of the recalled formulas to your baby and are concerned about symptoms, contact your GP or call NHS 111.

### Why products have been recalled

The formula products which have been recalled include some batches from SMA, Aptamil and Cow & Gate.

These products have been recalled because they might contain the toxin cereulide, which makes them unsafe for your baby to drink.

Symptoms of cereulide poisoning are:

- feeling sick
- being sick
- tummy pain
- diarrhoea

Boiling water or heating the formula will not remove this toxin.

### Affected products

Check which batches of formulas have been affected by viewing the full list of recalled products:

- [Aptamil and Cow & Gate infant formula recall](#)
- [Aptamil and Cow & Gate infant formula recall](#) (Northern Ireland only)
- [SMA infant formula and follow-on formula recall](#)
- [Aptamil infant formula recall](#) (October best before dates)

The recalled batches were produced some time ago and are unlikely still to be on sale, but they might be in your cupboards at home.

If you have an affected batch, do not use it. You can return it to the store and exchange it for an unaffected batch.

All other batches of SMA, Aptamil and Cow & Gate infant or follow-on formula product not listed in the recall lists remain safe to use.

## Switching to different formula

This recall affects a limited number of batches. The majority of infant formula on sale is unaffected and safe to use.

Find advice on using formula:

- [NHS – How to use formula](#)
- [NIDirect – Bottle feeding your baby](#)
- [NHS 111 Wales – Making up infant formula](#)
- [NHS inform \(Scotland\) – Feeding with infant formula](#)

## Prescribed formula

If the formula was prescribed by a health professional, consult a pharmacist or other medical professional before changing formula.

## Staying updated

[Sign up for food and allergy alerts](#) on food.gov.uk to get updates sent to you.

We will update this page if more products are added to the recall.

Read our [news story](#) to find out what the Food Standards Agency is doing about the recalls.