### F&Y2 Wave 7 – Final Online Questionnaire Specification

[NOTES: IN PREVIOUS WAVES AN ANSWER HAD TO BE PROVIDED AT ALL QUESTIONS ASKED BEFORE THE RESPONDENT COULD MOVE ON - THE SAME APPROACH HAS BEEN ADOPTED FOR W7. EXISTING QUESTIONS HAVE BEEN COPIED FROM EXISTING SPECS BUT UPDATED AS REQUIRED FOR WAVE 7; ROUTING HAS BEEN AMENDED IF REQUIRED.]

INT1

### **{2. LOGOS: Ipsos and Food Standards Agency}**

Food and You 2 Survey {display in centre of page in bold as a heading}
The aim of the survey is to help the Food Standards Agency (FSA) understand
people's attitudes and behaviour relating to food, including how people shop for food,
trust in the food system and concerns about food. The findings will be used to inform
policy decision-making and communication campaigns by identifying areas where
action or further research is required.

You can complete this survey on a desktop, laptop, tablet or smartphone. If at any point you wish to stop the survey and start again later, you will be able to do this. [INFO: To stop the survey, simply close your internet browser. When you wish to resume, you can log back in with the same password and pick up where you left off.] We advise you to use the same device if you stop the survey and return to it later. The survey should take 30 minutes or less to complete.

Os hoffech lenwi'r arolwg hwn yn Gymraeg, cliciwch ar y botwm Cymraeg ar ochr dde uchaf y dudalen. Sylwch y gall fod angen i chi glicio'r botwm hwn eto ar ôl i chi gychwyn yr arolwg. If you would like to complete this survey in Welsh, please click on the Cymraeg button on the top right. Please note that you may need to click this button a second time once you have started the survey.

{PROGRAMMER: SHOW THE FOLLOWING TEXT IN A BOX IN THE CENRE OF THE SCREEN:

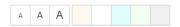
Please enter <u>one</u> of the passwords from your invitation letter to start the survey. [INFO: If you are the first person in your household to complete the survey enter password 1. If someone else has already completed the survey enter password 2. If there is only one password on your letter, please use that one.]

{show two boxes with a hyphen between. Each box should take 3 letters or numbers} {show blue button labelled as 'Start Survey' in white font in the bottom centre of the box}}

### INT 2

You may see the i symbol next to a question or an answer option. You can touch or click on it for extra information to help you answer the question.

The bar below can be found at the top right of the screen and you can use it to change the size of the text, or background colour of the screen



{Hyperlinks to 'About Ipsos', 'Privacy Policy', 'Accessibility', 'Contact us' and 'FAQs' at the bottom of the screen}

### [TIMESTAMP1]

### [ASK ALL]

**AGECHECK** Can you confirm that you are aged 16 or over and are happy to proceed with the survey?

- 1. Yes **CONTINUE**
- 2. No CLOSE

### IF AGECHECK = 1 CONTINUE

**IF AGECHECK = 2 the survey closes permanently (they can't restart/resume)** 

### **MODULE: ABOUT YOU 1**

### [DISPLAY TO ALL]

We would like to start by asking a few questions about you and anybody you live with.

### [ASK ALL]

**NADULTS** Including you, how many adults aged 16 or over are currently living in your household?

Please write your answer in the box below

### [OPEN BOX]

99. Prefer not to say

HARD CHECK IN PLACE WHEN ENTER 0 WITH ERROR TEXT 'Please ensure you have included yourself when counting the number of adults in your household'

### [ASK ALL]

**NCHILDREN** How many children or young people aged 0 to 15 years currently live in your household?

Please write your answer in the box below

### [OPEN BOX]

99. Prefer not to say

### [ASK ALL WHO HAVE CHILDREN - NCHILDREN >0]

**CHILDAGE1** How old are these children?

### [Show multiple rows up for children aged 0-15 in household]

CHILDAGE1\_1

CHILDAGE1\_2

CHILDAGE1 3

CHILDAGE1\_4

CHILDAGE1\_5

CHILDAGE1 6

Header: Age in Years

Row for each child:

First child

Second child (and so on)

99. Prefer not to say

### [ASK IF CHILD IS AGED 7-15. QUESTION TO APPEAR AS GRID FORMAT FOR EACH CHILD]

TEXTFILL: For your child aged x

TEXTFILL if two children are the same age: For your first child aged x, For

Your second child aged x

**FSMANY** Does that child receive free school meals?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know
- 4. Prefer not to say

### [ASK ALL]

**GENDER** Which of the following describes how you think of yourself?

#### SINGLE-CODE

- 1. Male
- 2. Female
- 3. In another way
- 4. Prefer not to say

### [ASK IF GENDER=2]

**PREGNANT** Are you currently pregnant?

Please select one answer only

- 1. Yes
- 2. No
- 3. Prefer not to say / Don't know

### [ASK ALL]

**VEG** Do you consider yourself to be any of the following?

Please select one answer only

- 1. Vegetarian [INFO BUTTON: a person who does not eat meat or fish]
- 2. Pescatarian [INFO BUTTON: a person who does not eat meat but does eat fish.]
- 3. Vegan [INFO BUTTON: a person who does not eat or use animal products.]
- 4. Mainly vegetarian but occasionally eat meat
- 5. None of these
- 6. Prefer not to say

### [TIMESTAMP2]

### [ASK ALL]

**FOODREAC** Do you suffer from a bad or unpleasant physical reaction after consuming certain foods, or avoid certain foods because of the bad or unpleasant physical reaction they might cause? [INFO BUTTON: This may include symptoms

associated with food allergies and food intolerances, such as difficulties breathing and swallowing, skin rash, itching and swelling on the face or in the mouth, nausea, vomiting, abdominal pain, bloating or diarrhoea.]

### Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know
- 4. Prefer not to say

### [ASK IF HAS NEGATIVE REACTION - FOODREAC = 1]

**REACSOURC** Do you experience a bad or unpleasant physical reaction to any of the following foods?

### Please select all that apply

- 1. Peanuts
- 2. Other nuts e.g. almonds, hazelnuts, walnuts, cashew nuts, pecans
- 3. Cow's milk and products made with cow's milk e.g. butter, cheese, cream, yoghurt
- 4. Cereals containing gluten e.g. wheat, rye, barley, oats
- 5. Eggs
- 6. Fish
- 7. Crustaceans e.g. crabs, lobster, prawns, scampi
- 8. Molluscs e.g. mussels, snails, squid, whelks, clams, oysters
- 9. Soya
- 10. Celery/celeriac
- 11. Mustard
- 12. Lupin
- 13. Sesame
- 14. Sulphur dioxide/sulphites
- 15. Other cereals e.g. buckwheat, rice, corn (please specify)
- 16. Any fruit (please specify)
- 17. Any vegetables (please specify)
- 18. Other (please specify)

### 19. Prefer not to say [EXCLUSIVE]

### [ASK FOR EACH FOOD TO WHICH PARTICIPANT HAS A NEGATIVE REACTION AT REACSOURC - REACSOURC <> 19]

**REACTYP** How would you best describe your problem with {TEXT FILL WITH FOOD TYPE}?

1 OOD 111 Lj:	
REACTYP _1	Peanuts
REACTYP _2	Other nuts e.g. almonds, hazelnuts, walnuts, cashew nuts,
	pecans
REACTYP _3	Cow's milk and products made with cow's milk e.g. butter,
	cheese, cream, yoghurt
REACTYP _4	Cereals containing gluten e.g. wheat, rye, barley, oats
REACTYP _5	Eggs
REACTYP _6	Fish
REACTYP _7	Crustaceans e.g. crabs, lobster, prawns, scampi
REACTYP_8	Molluscs e.g. mussels, snails, squid, whelks, clams, oysters
REACTYP _9	Soya
REACTYP _10	Celery/celeriac
REACTYP _11	Mustard
REACTYP _12	Lupin
REACTYP _13	Sesame
REACTYP _14	Sulphur dioxide/sulphites
REACTYP _15	Other cereals e.g. buckwheat, rice, corn
REACTYP _16	Fruit
REACTYP _17	Vegetables
REACTYP _18	Other

- 1. Food allergy
- 2. Food intolerance
- 3. Coeliac disease
- 4. Other
- 5. Don't know
- 6. Prefer not to say

### [ASK FOR EACH FOOD TO WHICH PARTICIPANT HAS A NEGATIVE REACTION AT REACSOURC - REACSOURC <> 19]

**REACCOND** How did you find out about your problem with {INSERT ITEM FROM REACSOURC}?

**MULTICODE** 

**REACCOND 1** Peanuts

**REACCOND 2** Other nuts e.g. almonds, hazelnuts, walnuts, cashew nuts,

pecans

**REACCOND\_3** Cow's milk and products made with cow's milk e.g. butter,

cheese, cream, yoghurt

**REACCOND\_4** Cereals containing gluten e.g. wheat, rye, barley, oats

**REACCOND\_5** Eggs

**REACCOND 6** Fish

**REACCOND 7** Crustaceans e.g. crabs, lobster, prawns, scampi

**REACCOND\_8** Molluscs e.g. mussels, snails, squid, whelks, clams, oysters

**REACCOND\_9** Soya

**REACCOND\_10** Celery/celeriac

**REACCOND\_11** Mustard

**REACCOND 12** Lupin

**REACCOND\_13** Sesame

**REACCOND\_14** Sulphur dioxide/sulphites

**REACCOND\_15** Other cereals e.g. buckwheat, rice, corn

**REACCOND\_16** Fruit

**REACCOND 17** Vegetables

**REACCOND\_18** Other

### Please select all that apply

- I have been diagnosed by an NHS or private medical practitioner (e.g. GP, dietician, allergy specialist in a hospital or clinic) [INFO BUTTON: Common diagnosis methods include patient history assessments, skin prick test, blood test, food challenge, patch tests and elimination tests]
- 2. I have been diagnosed by an alternative or complementary therapist (e.g. homeopath, reflexologist, online or walk-in allergy testing service)

- 3. I have noticed that this food causes me problems, but I have not been formally diagnosed with a specific condition.
- 4. Other (please specify)

### [ASK IF FOODREAC=1]

**REACSEV** How would you describe your bad or unpleasant physical reaction? If you have reactions to multiple foods, please consider your most unpleasant reaction.

Please select one answer only

- 1. Mild
- 2. Moderate
- 3. Severe
- 4. Don't know

### [ASK ALL]

**COOKHH** In general, who does the food preparation and cooking for your household?

Please select one answer only

- 1. I do all or most of the food preparation and cooking
- 2. I share the responsibility with someone else
- 3. Someone else in my household does it
- 4. Someone else outside of my household (e.g. a relative or carer) does it
- 5. Each person prepares / cooks their own food
- 6. Don't know

### [IF COOKHH =3,4, 6]

**EVCOOK** Do you ever do any food preparation or cooking for your household?

- 1. Yes
- 2. No

### [TIMESTAMP3]

### **MODULE: FOOD SHOPPING**

We are now going to ask you a few questions about food shopping and ordering food online.

### [ASK ALL]

**WHOSHOP** Generally, who does the food shopping for your household? Please include both online and in store food shopping.

Please select one answer only

- 1. I do all or most of the food shopping
- 2. I share the responsibility with someone else
- 3. Someone else in my household does it
- 4. Someone else outside of my household (e.g. a relative or carer) does it
- 5. Each person does their own food / grocery shopping
- 6. Don't know

### [ASK IF WHOSHOP = 3, 4, 6]

**EVSHOP** Do you ever do any food shopping for your household?

Please select one answer only

- 1. Yes
- 2. No

## [ASK IF (FOODREAC=1 and/or MORE THAN ONE PERSON IN THE HOUSEHOLD (NADULTS>1 and/or NCHILDREN=1 or more)) AND WHOSHOP=1,2,5 OR EVSHOP=1]

**SHOPALLER** When shopping for food, do you consider the dietary requirements of yourself or someone else in your household who may experience bad or unpleasant physical reactions to foods?

- 1. Yes
- 2. No

- 3. Don't know
- 4. Prefer not to say

### [ASK ALL]

SHOPTYP1\_w7 How often, if at all, do you ...

**SHOPTYP1\_w7\_f** ...shop for food in store at a large supermarket?

**SHOPTYP1\_w7\_g** ... shop for food in store at a mini supermarket (e.g. Local/ Metro)?

**SHOPTYP1\_w7\_e** ...order food or drink **online** from a supermarket (including home delivery and collection from store)?

**SHOPTYP1\_w7\_b** ...shop for food at independent greengrocers, butchers, bakers or fishmongers?

**SHOPTYP1\_w7\_c** ...shop for food at local / corner shops, newsagents or garage forecourts?

Please select one answer only for each statement

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Never
- 9. Can't remember
- 10. I don't do any food shopping

### [ASK ALL]

SHOPTYP2 How often, if at all, do you ...

**SHOPTYP2\_b** ...shop for food at a local market, farmers market or farm shop?

[INFO BUTTON: this includes farm deliveries e.g. vegetable

boxes]

SHOPTYP2\_c ...get a recipe box delivered (e.g. Hello Fresh, Gousto)? [INFO

BUTTON: This includes recipe boxes ordered online that are

delivered to you]

### Please select one answer only for each statement

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Never
- 9. Can't remember
- 10. I don't do any food shopping

### [ASK ALL] [SHOW AS GRID]

**SHOPHAVE** Have you ever ordered food or drink online through:

**SHOPHAVE\_a** A restaurant's, café's or takeaway's own website?

**SHOPHAVE b** An online ordering and delivery company e.g. Just Eat,

Deliveroo or Uber Eats, etc?

**SHOPHAVE\_c** An online marketplace, e.g. Amazon, Gumtree, Etsy, etc?

**SHOPHAVE\_d** Social media, e.g. Facebook, Instagram, Nextdoor, etc?

**SHOPHAVE\_e** A food sharing app, e.g. Olio or Too Good to Go, etc?

### Please select one answer only for each statement

- 1. Yes
- 2. No

### [ASK IF HAVE EVER ORDERED DIRECTLY THROUGH A RESTAURANT'S, CAFÉ'S OR TAKEAWAY'S OWN WEBSITE, CODE 1 at SHOPHAVE\_a]

SHOPTYP3\_a How often do you order food or drink online directly through a restaurant's, café's or takeaway's own website?

Please select one answer only

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

[ASK IF HAVE EVER ORDERED DIRECTLY THROUGH A RESTAURANT'S, CAFÉ'S OR TAKEAWAY'S OWN WEBSITE, CODES 1-7 at SHOPTYP3\_a]
PLAWHATA In the last 12 months, what food or drink have you ordered online directly through a restaurant's, café's or takeaway's own website?

Please select all that apply

#### **MULTI-CODE**

- 1. Prepared cooked meals or snacks
- 2. Baked goods and desserts, such as cheesecakes, cakes, biscuits, breads etc or dough/mixes to make these
- 3. Milkshakes / ice creams
- 4. Protein shakes
- 5. Fresh fruit or vegetables (uncooked)
- 6. Dairy products, such as milk, cheese, yoghurt, butter etc
- 7. Alcoholic drinks, such as beer, wine, spirits, cocktails
- 8. Non-alcoholic drinks
- 9. Other (please specify)

# [ASK IF HAVE EVER ORDERED DIRECTLY THROUGH A RESTAURANT'S, CAFÉ'S OR TAKEAWAY'S OWN WEBSITE, CODES 1-7 at SHOPTYP3\_a] ONORDERA Have you had any of the following problems when ordering food or drink online directly through a restaurant's, café's or takeaway's own website?

Please select all that apply

#### **MULTI-CODE**

- 1. The food or drink items were spilt or the packaging was broken or damaged
- 2. A food or drink item was missing from the order
- 3. A food or drink item was out of date
- 4. The food was undercooked
- 5. I received substitutions that I was not happy with
- 6. I received food or drink items that were of lower quality than advertised
- 7. The food or drink that people might be allergic to was delivered in the same bag as other foods
- 8. The food or drink containers were labelled incorrectly, or labels were mixed up
- 9. The food or drink labels did not give details about ingredients that people might be allergic to
- 10. The wrong food or drink items were delivered
- 11. The food or drink items were not hot by the time they were delivered
- 12. The food or drink items were delivered late
- 13. The food or drink containers were dirty
- 14. Something else was wrong with the order (please specify)
- 15. I haven't had any problems [SINGLE CODE]

### [ASK IF HAVE EVER ORDERED THROUGH AN ONLINE ORDERING AND DELIVERY COMPANY, CODE 1 at SHOPHAVE\_b]

SHOPTYP3\_b How often do you order food or drink online through an online ordering and delivery company e.g. Just Eat, Deliveroo or Uber Eats, etc?

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

### [ASK IF HAVE EVER ORDERED THROUGH AN ONLINE ORDERING AND DELIVERY COMPANY, CODES 1-7 at SHOPTYP3\_b]

PLAWHATB In the last 12 months, what food or drink have you ordered online through an online ordering and delivery company e.g. Just Eat, Deliveroo or Uber Eats etc?

Please select all that apply

#### **MULTI-CODE**

- 1. Prepared cooked meals or snacks
- Baked goods and desserts, cheesecakes, cakes, biscuits, breads etc or dough/mixes to make these
- 3. Milkshakes / ice creams
- 4. Protein shakes
- 5. Fresh fruit or vegetables (uncooked)
- 6. Dairy products, such as milk, cheese, yoghurt, butter etc
- 7. Sweets and chocolates
- 8. Alcoholic drinks, such as beer, wine, spirits, cocktails
- 9. Non-alcoholic drinks
- 10. Other (please specify)

[ASK IF HAVE EVER ORDERED THROUGH AN ONLINE ORDERING AND DELIVERY COMPANY, CODES 1-7 at SHOPTYP3\_b]

**ONORDERB** Have you had any of the following problems when ordering food or drink online through an online ordering and delivery company e.g. Just Eat, Deliveroo or Uber Eats etc?

Please select all that apply

#### MULTI-CODE

- 1. The food or drink items were spilt or the packaging was broken or damaged
- 2. A food or drink item was missing from the order
- 3. A food or drink item was out of date
- 4. The food was undercooked
- 5. I received substitutions that I was not happy with
- 6. I received food or drink items that were of lower quality than advertised
- 7. The food or drink that people might be allergic to was delivered in the same bag as other foods
- 8. The food or drink containers were labelled incorrectly, or the labels were mixed up
- The food or drink labels did not give details about ingredients that people might be allergic to
- 10. The wrong food or drink items were delivered
- 11. The food or drink items were not hot by the time they were delivered
- 12. The food or drink items were delivered late
- 13. The food or drink containers were dirty
- 14. Something else was wrong with the order (please specify)
- 15. I haven't had any problems [SINGLE CODE]

### [ASK IF HAVE EVER ORDERED THROUGH AN ONLINE MARKETPLACE, CODE 1 at SHOPHAVE c]

SHOPTYP3\_c How often do you order food or drink online through an online marketplace, e.g. Amazon, Gumtree, Etsy, etc?

- 1. Every day
- 2. Most days
- 3. 2-3 times a week

- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

### [ASK IF HAVE EVER ORDERED THROUGH AN ONLINE MARKETPLACE, CODES 1-7 at SHOPTYP3\_c]

**PLAWHATC** In the last 12 months, what food or drink have you ordered online through an online marketplace e.g. Amazon, Gumtree, Etsy etc?

Please select all that apply

#### **MULTI-CODE**

- 1. Prepared cooked meals or snacks
- 2. Meal kits or recipe boxes (to be cooked at home)
- 3. Baked goods and desserts, such as cheesecakes, cakes, biscuits, breads etc or dough/mixes to make these
- 4. Milkshakes / ice creams
- 5. Protein shakes
- 6. Fresh fruit or vegetables (uncooked)
- 7. Raw meat
- 8. Dairy products, such as milk, cheese, yoghurt, butter, etc.
- 9. Packaged goods, such as tins, jars, boxes, bottles, etc
- 10. Sweets and chocolates
- 11. Alcoholic drinks, such as beer, wine, spirits, cocktails
- 12. Non-alcoholic drinks
- 13. Other (please specify)

### [ASK IF HAVE EVER ORDERED THROUGH AN ONLINE MARKETPLACE, CODES 1-7 at SHOPTYP3\_c]

**ONORDERC** Have you had any of the following problems when ordering food or drink online through **an online marketplace e.g. Amazon, Gumtree, Etsy etc?** 

### Please select all that apply

#### **MULTI-CODE**

- 1. The food or drink items were spilt or the packaging was broken or damaged
- 2. A food or drink item was missing item from the order
- 3. A food or drink item was out of date
- 4. The food was undercooked
- 5. I received substitutions that I was not happy with
- 6. I received food or drink items that were of lower quality than advertised
- 7. Chemical or poisonous items (such as cleaning products) were delivered in the same bag as the food items
- 8. The food or drink that people might be allergic to was delivered in the same bag as other foods
- 9. The food or drink containers were labelled incorrectly, or the labels were mixed up
- 10. The food or drink labels did not give details about ingredients that people might be allergic to
- 11. The wrong food or drink items were delivered
- 12. The food or drink items were not hot by the time they were delivered
- 13. The food or drink items were delivered late
- 14. The food or drink containers were dirty
- 15. Something else was wrong with the order (please specify)
- 16. I haven't had any problems [SINGLE CODE]

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH SOCIAL MEDIA, CODE 1 at SHOPHAVE\_d]

SHOPTYP3\_d How often do you order food or drink online through social media, e.g. Facebook, Instagram, Nextdoor, etc?

- 1. Every day
- 2. Most days

- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH SOCIAL MEDIA, CODES 1-7 at SHOPTYP3\_d]

**PLAWHATD** In the last 12 months, what food or drink have you ordered online through **social media e.g. Facebook, Instagram, Nextdoor etc?** 

Please select all that apply

#### **MULTI-CODE**

- 1. Prepared cooked meals or snacks
- 2. Meal kits or recipe boxes (to be cooked at home)
- 3. Baked goods and desserts, such as cheesecakes, cakes, biscuits, breads etc or dough/mixes to make these
- 4. Milkshakes / ice creams
- 5. Protein shakes
- 6. Fresh fruit or vegetables (uncooked)
- 7. Raw meat
- 8. Dairy products, such as milk, cheese, yoghurt, butter, etc
- 9. Packaged goods, such as tins, jars, boxes, bottles, etc
- 10. Sweets and chocolates
- 11. Alcoholic drinks, such as beer, wine, spirits, cocktails
- 12. Non-alcoholic drinks
- 13. Other (please specify)

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH SOCIAL MEDIA, CODES 1-7 at SHOPTYP3\_d]

**ONORDERD** Have you had any of the following problems when ordering food or drink online through **social media e.g. Facebook, Instagram, Nextdoor etc?** 

### Please select all that apply

#### **MULTI-CODE**

- 1. The food or drink items were spilt or the packaging was broken or damaged
- 2. A food or drink item was missing from the order
- 3. A food or drink item was out of date
- 4. The food was undercooked
- 5. I received substitutions that I was not happy with
- 6. I received food or drink items that were of lower quality than advertised
- 7. The food or drink that people might be allergic to was delivered in the same bag as other foods
- 8. The food or drink containers were labelled incorrectly, or the labels were mixed up
- The food or drink labels did not give details about ingredients that people might be allergic to
- 10. The wrong food or drink items were delivered
- 11. The food or drink items were not hot by the time they were delivered
- 12. The food or drink items were delivered late
- 13. The food or drink containers were dirty
- 14. Something else was wrong with the order (please specify)
- 15. I haven't had any problems [SINGLE CODE]

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH FOOD SHARING APP, CODE 1 at SHOPHAVE\_e]

SHOPTYP3\_e How often do you order food or drink online through a food sharing app, e.g. Olio or Too Good to Go, etc?

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week

- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH FOOD SHARING APP, CODES 1-7 at SHOPTYP3\_e]

**PLAWHATE** In the last 12 months, what food or drink have you ordered online through a food sharing app e.g. Olio or Too Good to Go etc?

Please select all that apply

#### **MULTI-CODE**

- 1. Prepared cooked meals or snacks
- 2. Meal kits or recipe boxes (to be cooked at home)
- 3. Baked goods and desserts, such as cheesecakes, cakes, biscuits, breads etc or dough/mixes to make these
- 4. Milkshakes / ice creams
- 5. Protein shakes
- 6. Fresh fruit or vegetables (uncooked)
- 7. Raw meat
- 8. Dairy products, such as milk, cheese, yoghurt, butter etc
- 9. Packaged goods, such as tins, jars, boxes, bottles, etc
- 10. Sweets and chocolates
- 11. Alcoholic drinks, such as beer, wine, spirits, cocktails
- 12. Non-alcoholic drinks
- 13. Other (please specify)

### [ASK IF HAVE EVER ORDERED ONLINE THROUGH FOOD SHARING APP, CODES 1-7 at SHOPTYP3\_e]

**ONORDERE** Have you had any of the following problems when ordering food or drink online through a food sharing app e.g. Olio or Too Good to Go etc?

### Please select all that apply

#### MULTI-CODE

- 1. The food or drink items were spilt or the packaging was broken or damaged
- 2. A food or drink item was missing from the order
- 3. A food or drink item was out of date
- 4. The food was undercooked
- 5. I received substitutions that I was not happy with
- 6. I received food or drink items that were of lower quality than advertised
- 7. The food or drink that people might be allergic to was delivered in the same bag as other foods
- 8. The food or drink containers were labelled incorrectly, or the labels were mixed up
- 9. The food or drink labels did not give details about ingredients that people might be allergic to
- 10. The wrong food or drink items were delivered
- 11. The food or drink items were not hot by the time they were delivered
- 12. The food or drink items were delivered late
- 13. The food or drink containers were dirty
- 14. Something else was wrong with the order (please specify)
- 15. I haven't had any problems [SINGLE CODE]

### [TIMESTAMP4]

# [DISPLAY TO ALL – COUNTRY SPECIFIC WORDING AND STICKERS DISPLAYED ON THE SAME SCREEN AS FHRS1\_A. FHRS1\_A TO APPEAR BELOW THE STICKER.]

### **SHOW TEXT IN ENGLAND:**

FHRS stands for the Food Hygiene Rating Scheme, which is run in England. It provides 'at-a-glance' information to consumers on the results of hygiene inspections carried out by local authorities on businesses which sell food direct to consumers. Businesses are given a rating ranging from 0 at the bottom (urgent improvement

required) to 5 (very good). Businesses are provided with stickers to display their ratings at their premises. The stickers look like this:



#### **SHOW TEXT IN WALES:**

FHRS stands for the Food Hygiene Rating Scheme, which is run in Wales. It provides 'at-a-glance' information to consumers on the results of hygiene inspections carried out by local authorities on businesses which sell food. Businesses are given a rating ranging from 0 at the bottom (urgent improvement required) to 5 (very good). Businesses are provided with rating stickers which they are legally required to display at each public entrance to their premises. The stickers look like this:



#### SHOW TEXT IN NI:

FHRS stands for the Food Hygiene Rating Scheme, which is run in Northern Ireland. It provides 'at-a-glance' information to consumers on the results of hygiene inspections carried out by local authorities on businesses which sell food direct to consumers. Businesses are given a rating ranging from 0 at the bottom (urgent improvement required) to 5 (very good). Businesses are provided with rating stickers

which they are legally required to display at each public entrance to their premises. The stickers look like this:



### [ASK ALL] [SAME SCREEN AS INFORMATION AND STICKERS]

**FHRS1\_A** Have you heard of the Food Hygiene Rating Scheme? Please select one answer only

- 1. Yes, I've heard of it and know quite a lot about it
- 2. Yes, I've heard of it and know a bit about it
- 3. Yes, I've heard of it but don't know much about it
- 4. Yes, I've heard of it but don't know anything about it
- 5. No, I've never heard of it

### [TIMESTAMP5]

### [ASK FHRSON IF codes 1-7 AT ANY of SHOPTYP3a/b/c/d/e AND FHRS1\_A IS 'YES', CODES 1-4.]

**FHRSON** When you order food and drink online, how often do you look for Food Hygiene Rating Scheme (FHRS) ratings?

Please select one answer

#### SINGLE-CODE

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never

6. Don't know

### [ASK IF 'YES' AT FHRSON, Codes 1-4]

**FHRSEASEA** When you look for **FHRS ratings** when ordering food and drink online, how often, if at all, are they **easy to find**?

Please select one answer only

#### SINGLE-CODE

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF 'YES' AT FHRSEASEA, Codes 1-4]

**FHRSCLEAR\_a** When you find **FHRS ratings** when ordering food and drink online, how often, if at all, are they **easy to understand**?

Please select one answer only

### SINGLE-CODE

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [TIMESTAMP6]

[ASK IF (SHOPTYP3a/b/c/d/e codes 1-7) AND (FOODREAC=1 AND/OR (NADULTS>1 and/or NCHILDREN=1 or more))]

**ALLERGYION** When you order food and drink online, how often do you look for information that allows you to identify food that might cause you or another member of your household a bad or unpleasant physical reaction? [INFO BUTTON: This may include symptoms associated with food allergies and food intolerances, such as difficulties breathing and swallowing, skin rash, itching and swelling on the face or in the mouth, nausea, vomiting, abdominal pain, bloating or diarrhoea.]

Please select one answer only

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF codes 1-4 AT ALLERGYION]

**ALLERGYIEASEON** When ordering food and drink online and you look for information that allows you to identify food that might cause you or another member of your household a bad or unpleasant physical reaction, how often, if at all, is this information **easy to find**?

Please select one answer only

### SINGLE-CODE

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF 'YES' AT ALLERGYIEASEON, Codes 1-4]

**ALLERGYUNDON** When ordering food and drink online and you find information that allows you to identify food that might cause you or another member of your

household a bad or unpleasant physical reaction, how often, if at all, is this information **easy to understand**?

Please select one answer

### SINGLE-CODE

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF 'YES' AT ALLERGYIEASEON, Codes 1-4]

**ALLCONF4** How confident are you that the information provided online for the food and drink you want to order allows you to identify foods that might cause you or another member of your household a bad or unpleasant physical reaction?

Please select one answer only

### SINGLE-CODE

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies from place to place
- 6. Don't know

### [TIMESTAMP7]

### [DISPLAY INTRO IF DOES SOME FOOD SHOPPING – WHOSHOP=1, 2, 5 OR EVSHOP = 1]

We are now going to ask you some questions about food labelling.

[ASK IF DOES SOME FOOD SHOPPING - WHOSHOP=1, 2, 5 OR EVSHOP = 1]

### [FOLLOWING COMPRISES 7 QUESTIONS WITH COMMON STEM AND FREQ SCALE]

FOODCHK1 When shopping for food, how often, if at all, do you check...

FOODCHK1\_a ...use by dates? [INFO BUTTON: a use by date on food is about

safety. Foods can be eaten until the use by date but not after. You will see use by dates on food that goes off quickly, such as

meat products or ready-to-eat salads]

**FOODCHK1\_b** ...best before dates? [INFO BUTTON: The best before date,

sometimes shown as best before end (BBE), is about quality and not safety. The food will be safe to eat after this date but may not be at its best. Best before dates appear on a wide

range of foods including frozen, dried and tinned foods]

**FOODCHK1\_c** ...list of ingredients?

**FOODCHK1\_d** ...allergen information?

Please select one answer only for each statement

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF DOES SOME FOOD SHOPPING – CODES 1,2 5 AT WHOSHOP OR CODE 1 AT EVSHOP]

**FOODCHK2** When shopping for food, how often, if at all, do you check ...

**FOODCHK2\_a** ...nutritional information (e.g. calories, fat, sugar, salt)?

**FOODCHK2 b** ...country of origin?

**FOODCHK2\_c** ...food assurance scheme logos (e.g. Red Tractor, The Lion

Mark, RSPCA Assured, Soil Association)? [INFO BUTTON: In the UK, food assurance schemes, such as Red Tractor and Lion

Eggs, help to provide consumers and businesses with guarantees that food has been produced to specific standards of food safety or animal welfare]

Please select one answer only for each statement

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF SHOPALLER=1]

**ALLCONF2** How confident are you that the information provided on food labels allows you to identify foods that will cause you or another member of your household a bad or unpleasant physical reaction? [INFO BUTTON: This may include symptoms associated with food allergies and food intolerances, such as difficulties breathing and swallowing, skin rash, itching and swelling on the face or in the mouth, nausea, vomiting, abdominal pain, bloating or diarrhoea.]

Please select one answer only

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies from place to place
- 6. Don't know

### [ASK IF SHOPALLER=1]

**ALLCONF3** When buying **food that is sold loose** (e.g. at a bakery or deli counter), how confident are you that you can identify foods that will cause you or another member or your household a bad or unpleasant physical reaction? Consider food sold loose from the following sources...

**ALLCONF3\_a** ...from supermarkets in store

**ALLCONF3\_b** ...from supermarkets online

**ALLCONF3 c** ....from independent food shops [INFO BUTTON: This refers to

small food shops that are independently owned and are not part

of a chain]

**ALLCONF3\_d** ...food markets/stalls

Please select one answer only for each statement

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies from place to place
- 6. I don't buy food from here
- 7. I don't buy food sold loose
- 8. Don't know

### [NEW SCREEN]

Sometimes a problem with the quality or safety of a food product will be identified after it has been put on shop shelves.

When this occurs, a Food Alert will be issued to inform the public.

When the problem relates to allergens or allergen information, an Allergy Alert will be issued.

### [NEW SCREEN]

### [ASK ALL]

ALERT How frequently, if at all, do you actively check for...

**ALERT a** Food Alerts?

### **ALERT\_b** Allergy Alerts?

Please select one answer only for each statement

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

### [ASK IF CHECK FOR FOOD ALERTS: ALERT A=1, 2, 3 or 4] FOODALERT1 Where do you check for Food Alerts?

Please select all that apply

#### MULTI CODE.

- 1. Notices in a supermarkets or shop
- 2. Food Standards Agency website
- 3. Other websites e.g. consumer groups, charities, food businesses, local council
- 4. News articles (in newspapers, news websites or on news apps)
- 5. Social media e.g. Facebook, Twitter
- 6. Other (please specify)

### [ASK IF CHECK FOR ALLERGY ALERTS: ALERT B=1, 2, 3 or 4] ALLALERT1 Where do you check for Allergy Alerts?

Please select all that apply

#### **MULTI CODE.**

- 1. Notices in a supermarkets or shop
- 2. Food Standards Agency website

- 3. Other websites e.g. consumer groups, charities, food businesses, local council
- 4. News articles (in newspapers, news websites or on news apps)
- 5. Social media e.g. Facebook, Twitter
- 6. Other (please specify)

### [ASK ALL]

**A3** Are you currently signed up to receive Food or Allergy Alerts from the Food Standards Agency?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know

### [ASK ALL]

AWAREAL In the last 12 months, have you been made aware of...

AWAREAL\_1 .. a Food Alert?

**AWAREAL 2** .. an Allergy Alert?

Please select one answer only for each statement

- 1. Yes
- 2. No
- 3. Don't know

### [ASK IF MADE AWARE OF FOOD ALERT: AWAREAL\_1 = 1]

**FOODALERT2** Thinking about the last **Food Alert** you saw, how were you made aware of it?

Please select all that apply

- 1. Notices in shops or supermarkets
- 2. Food Standards Agency website
- 3. Food Standards Agency Alert (text or email)
- 4. News articles (in newspapers, news websites or on news apps)
- 5. TV or radio announcement
- 6. Social media
- 7. Family or friends
- 8. Other websites e.g. consumer groups, charities, food businesses, local council
- 9. Other (please specify)
- 10. Don't know [EXCLUSIVE]

### [ASK IF MADE AWARE OF FOOD ALERT: AWAREAL\_1= 1]

**FOODALERT3** Did the Food Alert apply to a food product purchased by you or a member of your household?

Please select one answer only

- 1. Yes
- 2. No
- 3. Can't remember

[ASK IF FOOD ALERT APPLIED TO PRODUCT BOUGHT: FOODALERT3=1] FOODALERT4 What did you do with the food product you had purchased after seeing the Alert?

- 1. Nothing the product had already been eaten
- 2. Ate it anyway
- 3. Threw it away
- 4. Returned it to the store
- 5. Something else
- 6. Don't know

### [ASK IF MADE AWARE OF ALLERGY ALERT: AWAREAL\_2 = 1]

**ALLALERT2** Thinking about the last **Allergy Alert** you saw, how were you made aware of it?

Please select all that apply

- 1. Notices in shops or supermarkets
- 2. Food Standards Agency website
- 3. Food Standards Agency Alert (text or email)
- 4. News articles (in newspapers, news websites or on news apps)
- 5. TV or radio announcement
- 6. Social media
- 7. Family or friends
- 8. Other websites e.g. consumer groups, charities, food businesses, local council
- 9. Other (please specify)
- 10. Don't know [EXCLUSIVE]

### [ASK IF MADE AWARE OF ALLERGY ALERT: AWAREAL\_2 = 1]

**ALLALERT3.** Did the Allergy Alert apply to a food product purchased by you or a member of your household?

- 1. Yes
- 2. No
- 3. Can't remember

### [IF APPLIED TO PRODUCT BOUGHT: ALLALERT3 = 1]

**ALLALERT4** What did you do with the food product you had purchased after seeing the Alert?

Please select one answer only

#### SINGLE CODE

- 1. Nothing the product had already been eaten
- 2. Ate it anyway
- 3. Threw it away
- 4. Returned it to the store
- 5. Something else
- 6. Don't know

### [TIMESTAMP8]

### [NEW SCREEN]

The following questions are about Cannabidiol. This is an ingredient that is sometimes contained in food, drinks, medicines, cosmetics or other products sold in the UK.

### [ASK ALL]

**CANNA** Have you heard of Cannabidiol, commonly known as CBD?

Please select one answer only

- 1. Yes, I've heard of it and know quite a lot about it
- 2. Yes, I've heard of it and know a bit about it
- 3. Yes, I've heard of it but don't know much about it
- 4. Yes, I've heard of it but don't know anything about it
- 5. No, I've never heard of it

### [ASK IF CANNA=1,2, 3 or 4]

**CANNAUSE** Have you used or consumed products containing Cannabidiol (CBD) in the last 12 months?

#### Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know
- 4. Prefer not to say

### [ASK IF CANNAUSE =1]

**CANNAPROD** How often, if at all, have you used or consumed the following products containing Cannabidiol (CBD) in the last 12 months?

**CANNAPROD\_a** Drinks e.g. bottle water, beer, spirits, wine, coffee, or soda

**CANNAPROD\_b** Food e.g. chocolate

**CANNAPROD\_c** Oils e.g. tinctures, drops, syrups, olive oils

**CANNAPROD\_d** Chewables e.g. gum drops

**CANNAPROD\_e** Medicinal products e.g. Epidyolex, Sativex

**CANNAPROD\_f** Vapes or tobacco substitutes

**CANNAPROD\_g** Cosmetics [INFO BUTTON: serums, creams, cleansers, shampoos, body washes, bath oils/ salts, deodorant, balms, toothpaste]

Please select one answer only for each statement

- 1. Most days or every day
- 2. Several times a week
- 3. About once a week
- 4. Several times a month
- 5. About once a month
- 6. Once or a few times over the past year
- 7. Never
- 8. Can't remember

#### [ASK IF CANNAUSE =1]

**CANNADOSE** When using or consuming products containing Cannabidiol (CBD), typically how do you decide what a suitable dose or serving is?

#### **RANDOMISE ANSWERS APART FROM 6, 7 AND 8**

Please select all that apply

- 1. By monitoring the effect it has on me and increasing/ reducing the dose as needed
- 2. Following the instructions on the packaging or label
- 3. Following the advice from my doctor
- 4. Following the advice from a pharmacist or shop assistant
- 5. Researching about the topic on the internet
- 6. This doesn't apply to the products I use
- 7. This isn't something I think about
- 8. Other

#### [TIMESTAMP9]

MODULE: HEALTHY EATING (NORTHERN IRELAND ONLY)
[NORTHERN IRELAND ONLY]

**INTRO:** DISPLAY TO ALL IN NORTHERN IRELAND We are now going to ask you some questions about healthy eating.

# [ASK ALL] [NORTHERN IRELAND ONLY]

**VITSUP** Are you currently taking any vitamin and/or mineral supplements (i.e. vitamins and minerals in a concentrated form like tablets, capsules, tonics)?

Please select one answer only

- 1. Yes
- 2. No

# [ASK IF TAKING VITAMINS OR SUPPLEMENTS – VITSUP = 1] [NORTHERN IRELAND ONLY]

WHATVITSUP What vitamin and/or mineral supplements do you take?

Please select all that apply

1. Multi-vitamin or mineral

- 2. B vitamin(s) or B complex
- 3. Vitamin B12 injection
- 4. Vitamin C
- 5. Vitamin D
- 6. Fish oils or Omega 3
- 7. Folic acid
- 8. Iron
- 9. Magnesium
- 10. Other (please specify)

# [ASK IF TAKING VITAMINS OR SUPPLEMENTS – VITSUP = 1] [NORTHERN IRELAND ONLY]

**VITSUPFREQ** How often do you take vitamin and/or mineral supplements? Please think about the vitamin and/or mineral supplements you take most frequently.

Please select one answer only

- 1. Every day
- 2. Most days
- 3. About once a week
- 4. Several times a month
- 5. About once a month
- 6. Once or a few times over the past year
- 7. Can't remember

# [ASK IF TAKING VITAMINS OR SUPPLEMENTS- VITSUP=1] [NORTHERN IRELAND ONLY]

**MEDVITSUP** Have you been advised by a medical professional (e.g. a GP or dietician to take these vitamin and/or mineral supplements?

Please select one answer only

1. Yes

- 2. No
- 3. Don't know/ Prefer not to say

# [ASK IF TAKING VITAMINS OR SUPPLEMENTS – VITSUP = 1] [NORTHERN IRELAND ONLY]

**WHYVITSUP** What do you take vitamin and/or mineral supplements for?

# RANDOMISE ANSWERS APART FROM 11 and 12 WITH PREGNANT NEVER APPEARING FIRST

### Please select all that apply

- 1. In case of pregnancy or currently pregnant
- 2. Vitamin and/or mineral deficiency
- 3. Due to tiredness
- 4. For general health and wellbeing
- 5. Due to age or getting older
- 6. For a specific health condition
- 7. To improve sports performance
- 8. To improve / fortify my diet
- 9. Other reason (please specify)
- 10. Prefer not to say / Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**HEALTHY** Overall, would you say that what you usually eat is...

# Please select one answer only

- 1. ...very healthy
- 2. ...fairly healthy
- 3. ...neither healthy nor unhealthy

- 4. ...fairly unhealthy or
- 5. ...very unhealthy?
- 6. Don't know
- 7. Prefer not to say

# [ASK ALL] [NORTHERN IRELAND ONLY] FV5ADAYITEMS w7

**MULTICODE** 

Which of the following, if any, can count towards someone's daily fruit and vegetable intake?

#### **RANDOMISE ANSWERS APART FROM 17**

Please select all that apply

- 1. Fresh fruit
- 2. Frozen fruit
- 3. Fresh vegetables
- 4. Frozen vegetables
- 5. Jam
- 6. Pure fruit juice
- 7. Potatoes
- 8. Dried fruit, for example raisins or apricots
- 9. Rice
- 10. Pasta
- 11. Tinned fruit, for example, peaches
- 12. Tinned vegetables, for example sweetcorn
- 13. Fruit smoothies
- 14. Pulses, such as lentils, chickpeas or kidney beans
- 15. Nuts and seeds
- 16. Baked beans
- 17. None of these [EXCLUSIVE]

# [ASK ALL] [NORTHERN IRELAND ONLY]

**LAYOUT:** QUESTION ABOUT VEGETABLES ASKED FIRST, THEN FRUIT ON THE SAME SCREEN.

**PORTION** Thinking about what you ate and drank **yesterday**. How many portions of...

PORTION_VEG	Vegetables did you eat yesterday?
	A portion is around 3 heaped tablespoons of beans or pulses
	or cooked vegetables such as carrots or peas, a handful of
	cherry tomatoes or a bowl of salad. Please include salad,
	fresh, frozen or tinned vegetables but <b>do not include</b>
	potatoes.
	[OPEN BOX]
	98. Don't know
PORTION_FRUIT	Fruit did you eat yesterday?
	A portion is one slice of large fruit such as a pineapple or
	melon, an apple, banana or pear, two small pieces of fruit
	such as satsumas or plums, a handful of grapes or 1
	tablespoon of dried fruit. Please include fresh, frozen, tinned
	or dried fruit. Do not include fruit juice as we will ask you
	about that next.
	[OPEN BOX]
	98. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY] FJUICE

Did you drink a glass of fruit juice or smoothie yesterday?

Please include pure juice, 100% freshly squeezed, fruit smoothies or juice from concentrate but **do not include squash or diluted juice drinks**.

#### Please select one answer

- 1. Yes a small glass (150ml/5 fluid ounces)
- 2. Yes a larger glass (more than 150ml/5 fluid ounces)
- 3. No I did not drink any fruit juice yesterday
- 4. No I drank less than a small glass (150ml/5 fluid ounces)
- 5. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

[FOR THE FOLLOWING PLEASE USE CAROUSEL GRID FORMAT]

#### **CONSUME**

How often do you...

**CONSUMEMEAT** ...eat meat products (e.g. sausages, burgers, meat and chicken pies)?

**CONSUMESWEETS** ...eat sweets and chocolate?

**CONSUMEFIZZY** ...drink sugary fizzy drinks and diluted squash?

**CONSUMECHIPS**...eat chips and other fried foods?

**CONSUMEFV** ...eat fruit and vegetables?

Please select one answer only for each statement

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Never
- 9. Can't remember

# [ASK ALL] [NORTHERN IRELAND ONLY] CONSUME2

[FOR THE FOLLOWING PLEASE USE CAROUSEL GRID FORMAT]

How often do you eat...

**CONSUME2POR** ...porridge?

**CONSUME2CEREAL** ...high fibre cereal e.g. wheat biscuits, bran flakes, shredded wheat?

**CONSUME2WWB** ...wholemeal or wholegrain bread?

**CONSUME2WWP** ...wholewheat pasta?

**CONSUME2POTS** ...potatoes with the skins on?

Please select one answer only for each statement

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Never
- 9. Can't remember

# [ASK ALL] [NORTHERN IRELAND ONLY] DIETRANK\_w7

# **MULTICODE (UP TO 5)**

Which **five** of the following are the **most important** for people to do to have a healthy diet?

#### RANDOMISE ANSWERS

Please select up to five answers.

- 1. Eating foods such as bread, rice, pasta and potatoes
- 2. Eating fruit and vegetables
- 3. Eating a low carbohydrate diet
- 4. Eating fish, including oily fish
- 5. Eating a high protein diet
- 6. Eating a plant-based diet (eating majority of foods from plant sources)
- 7. Eating a high fat diet
- 8. Eating a low fat diet
- 9. Eating less salt
- 10. Eating less meat
- 11. Eating less dairy
- 12. Eating food lower in calories
- 13. Eating a vegan diet (not eating any animal products)
- 14. Drinking plenty of water
- 15. Limiting foods high in fat and saturated fat
- 16. Limiting food and drinks high in sugar
- 17. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY] EATWELLL

Which **two** of the following food groups do you think the UK Government recommends should make up the **largest** part of our diet?

Please select two food types.

#### RANDOMISE ANSWERS.

- 1. Meats, fish, eggs, beans, pulses and other proteins
- 2. Potatoes, bread, rice, pasta and other starchy carbohydrates
- 3. Fruit and vegetables
- 4. Oils and spreads

- 5. Dairy (cheese, milk, yoghurt) and alternatives
- 6. Foods high in fat, sugar and salt
- 7. Don't know

# [ASK IF ANY EXCEPT CODE 7 DON'T KNOW AT EATWELL] [NORTHERN IRELAND ONLY]

**EATWELLS** And which **two** of the remaining food types do you think the UK Government recommends should make up the **smallest** part of our diet?

[DISPLAY LIST EXCLUDING THE TWO SELECTED BY THE RESPONDENT AT **EATWELLL]** 

Programmer instruction: All options except those selected at **EATWELLL** and 'Don't know' to be pulled into this screen

# [ASK ALL] [NORTHERN IRELAND ONLY]

**FOODCHANGE12M** In the last 12 months, have you made, or attempted to make, any changes to what you eat or drink?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know

#### [ASK IF FOODCHANGE12M =1 YES] [NORTHERN IRELAND ONLY]

WHATCHANGE12M What changes have you made or attempted to make?

MULTICODE. RANDOMISE ANSWERS APART FROM CODES 1 AND 2, 12 AND 13 AND 14 AND 15.

Please select all that apply

Eating...

1. ...more bread, rice, potatoes, pasta and other starchy foods

- 2. ...less bread, rice, potatoes, pasta and other starchy foods
- 3. ...more fruit and/or vegetables
- 4. ...more fish, including oily fish
- 5. ...less food high in fat or saturated fat e.g. sausages, pastries, cheese and crisps
- 6. ...less food or drink high in sugar e.g. sweets, chocolate and fizzy drinks.
- 7. ...less meat
- 8. ...less salt
- 9. ...a plant-based diet (eating majority of foods from plant sources)
- 10....a vegan diet (not eating any animal products)
- 11....a high protein diet
- 12....fewer calories
- 13....more calories
- 14....larger portions
- 15....smaller portions
- 16. None of these [EXCLUSIVE]
- 17. Other (please specify)

# [ASK IF FOODCHANGE12M =1 YES] [NORTHERN IRELAND ONLY]

**WHYCHANGE12M** Why have you made or attempted to make [this/these change/s] to what you eat or drink?

#### Please select all that apply

- 1. To gain weight
- 2. To lose weight
- 3. To be more healthy or have a healthier lifestyle
- 4. To improve my mental health
- 5. For a specific health condition
- 6. Based on advice from medical professionals e.g. a doctor, nurse etc
- 7. Based on UK Government healthy eating guidelines
- 8. Due to age or getting older
- 9. Based on advice from celebrities or influencers
- Due to a significant life event (e.g. getting married, getting divorced or bereavement)

- 11. Financial reasons (e.g. higher cost of food or reduced income)
- 12. Because of concerns about coronavirus (COVID-19)
- 13. Due to concerns about the environment
- 14. Other reason (please specify)

# [ASK IF FOODCHANGE12M =1 YES] [NORTHERN IRELAND ONLY] CHANGE12MDIFF w7

Did you experience any of the following difficulties when making [this/these change/s] to what you eat or drink?

#### Please select all that apply

- 1. Lack of motivation
- 2. Lack of availability of healthier food when shopping
- 3. Being the only person in the household trying to make changes
- 4. Others in my household do the shopping
- 5. Cost of buying healthier foods
- 6. Limited time to plan, cook or prepare healthier food
- 7. Do not know how to cook or prepare healthier food
- 8. Lack of healthier options when eating out or buying food to take away
- 9. Not enough nutritional information available on labels
- 10. Don't know enough about which foods are healthier or suitable for me
- 11. Don't like the taste of the healthier food I've tried
- 12. Getting used to new/ different flavours
- 13. Other (please specify)
- 14. I had no difficulties making a change to my diet [EXCLUSIVE]

# [ASK ALL] [NORTHERN IRELAND ONLY] FV5ADAYN\_w7

How many portions of **fruit and vegetables** do you think the UK Government and health experts recommend that people should eat every day?

#### Please select one answer only

- 1. At least 1 portion
- 2. At least 2 portions
- 3. At least 3 portions
- 4. At least 4 portions
- 5. At least 5 portions
- 6. At least 6 portions
- 7. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**CALORIESFN** How many **calories** do you think the UK Government and health experts recommend that the average adult **female** should eat each day?

# Please select one answer only

- 1. 500 calories
- 2. 1000 calories
- 3. 1500 calories
- 4. 2000 calories
- 5. 2500 calories
- 6. Don't know

#### [ASK ALL] [NORTHERN IRELAND ONLY]

**CALORIESMN** How many **calories** do you think the UK Government and health experts recommend that the average adult **male** should eat each day?

#### Please select one answer only

- 1. 500 calories
- 2. 1000 calories
- 3. 1500 calories
- 4. 2000 calories
- 5. 2500 calories
- 6. 3000 calories
- 7. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**SALTFMN** The UK Government and health experts also recommend that adults should eat no more than a certain amount of salt each day. This includes any salt that you might add to your food and what is already in the food you buy such as breakfast cereals, soups, breads and pasta sauces.

How much **salt** – in grams or ounces – do you think the UK Government and health experts recommend that an adult should not exceed each day?

Please select one answer only

- 1. 2 grams or 0.07 of an ounce
- 2. 4 grams or 0.14 of an ounce
- 3. 6 grams or 0.21 of an ounce
- 4. 8 grams or 0.28 of an ounce
- 5. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**FIBREFMN** The UK Government and health experts recommend that adults should eat a certain amount of fibre each day. This is included in things like wholemeal and wholegrain bread, whole wheat pasta and brown rice.

How much **fibre** – in grams or ounces – do you think the UK Government and health experts recommend that an adult should eat each day?

Please select one answer only

- 1. 10 grams or 0.35 ounces
- 2. 20 grams or 0.70 ounces
- 3. 30 grams or 1.05 ounces
- 4. 40 grams or 1.41 ounces
- 5. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**HEALTHYEATOUT** When you eat out or buy food to take away, how healthy would you say the food that you eat is, compared to when you eat at home?

Please select one answer only

- 1. A lot more healthy
- 2. A bit more healthy
- 3. About the same
- 4. A bit less healthy
- 5. A lot less healthy
- 6. Don't know

# [ASK ALL] [NORTHERN IRELAND ONLY]

**HEALTHYOPTIONSINFO** In which, if any, of these places would you like to see more information displayed about how healthy different food and drink options are?

This might include, for example, information on number of calories or the amount of fat, sugar or salt.

Please select all that apply.

- 1. Restaurants
- 2. Takeaways
- 3. Pubs/bars
- 4. Cafes, coffee shops or sandwich shops
- 5. Fast food restaurants (e.g. McDonalds, Burger King)
- 6. Canteens (e.g. at work, school, university or hospital)
- 7. Entertainment venues (e.g. cinema, bowling alley)
- 8. Recreational centres (e.g. sports club/leisure centre)
- 9. Online food ordering and delivery companies (e.g. Just Eat, Deliveroo)
- 10. Mobile food vans or stalls
- 11. None of these [EXCLUSIVE]
- 12. Don't know [EXCLUSIVE]

# [ASK ALL] [NORTHERN IRELAND ONLY]

**MENUNUTRITION** When eating out or buying food to take away, what nutritional information would you find useful on the menu to help inform your choice?

Please select all that apply

- 1. Calorie information
- 2. Fat content
- 3. Sugar content
- 4. Salt content
- 5. None of these [EXCLUSIVE]
- 6. Don't know [EXCLUSIVE]

### [TIMESTAMP10]

**MODULE: FOOD CONCERNS** 

[ASK ALL]

**FOODISSA1** Do you have any concerns about the food you eat?

Please select one answer only

- 1. Yes
- 2. No

#### [ASK IF FOODISSA1=1]

**FOODISSA2** What are your concerns about the food you eat?

Please write your answer in the box below in a few words

**OPEN BOX** 

#### [ASK ALL]

FOODISSB1 w6

Do you have concerns about any of the following?

RANDOMISE ANSWER OPTIONS ACROSS 3 PAGES. WITH 23 AND 24 APPEARING AT THE END OF EACH LIST AS EXCLUSIVE CODES

#### Please select all that apply

### [MULTI-CODE]

- 1. Cooking safely at home
- 2. Food poisoning (e.g. Salmonella and E. Coli)
- 3. Food hygiene when eating out
- 4. Food hygiene when ordering takeaways
- 5. The use of pesticides
- 6. The use of additives (e.g. preservatives and colouring)
- 7. Chemical contamination from the environment (e.g. lead in food)
- 8. Hormones, steroids or antibiotics in food
- 9. Genetically Modified (GM) foods
- 10. Food prices
- 11. Food allergen information (e.g. availability and accuracy)
- 12. The amount of salt in food
- 13. The amount of sugar in food
- 14. The amount of fat in food
- 15. The number of calories in food
- 16. Food waste
- 17. Animal welfare
- 18. Food miles (e.g. the distance food travels)
- 19. Food fraud or crime (e.g. food not being what the label says it is)
- 20. Being able to eat healthily
- 21. The quality of food
- 22. The amount of food packaging
- 23. None of these [EXCLUSIVE]
- 24. Don't know [EXCLUSIVE]

# [ASK ALL WHO SELECT TWO OR MORE OPTIONS FROM CODES 1-22 AT FOODISSB1\_w6]

FOODISSB2\_w6 Which of these food issues are you most concerned about?

Please select one answer only

[PULL ANSWERS THAT ARE SELECTED AT FOODISSB1 w6]

99. Don't know

# [TIMESTAMP11]

**MODULE: FOOD YOU CAN TRUST** 

# [ASK ALL]

**FOODCONF** How confident are you that...

**FOODCONF\_a** ...the food you buy is **safe to eat** 

**FOODCONF\_b** ...the information on food labels is **accurate** (e.g. ingredients, nutritional information, country of origin)

Please select one answer only for each statement

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies
- 6. Don't know

#### [ASK ALL]

**FOODSUPPLY** How confident are you in the food supply chain? That is all the processes involved in bringing food to your table.

Please select one answer only

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies
- 6. Don't know

# [ASK ALL]

FOODCONF1 How confident are you that...

**FOODCONF1\_a** ... Farmers in the UK [IF NORTHERN IRELAND: 'and Ireland]

ensure the food you buy is safe to eat?

**FOODCONF1\_b** .... Slaughterhouses and dairies in the UK [IF NORTHERN

IRELAND: 'and Ireland] ensure the food you buy is safe to eat?

FOODCONF1\_c ...Food manufacturers (e.g. factories) in the UK [IF NORTHERN

IRELAND: 'and Ireland] ensure the food you buy is safe to eat?

FOODCONF1\_d .... Shops and supermarkets in the UK [IF NORTHERN

IRELAND: 'and Ireland] ensure the food you buy is safe to eat?

Please select one answer only for each statement

1. Very confident

2. Fairly confident

3. Not very confident

4. Not at all confident

5. It varies

6. Don't know

#### [ASK ALL]

FOODCONF2 How confident are you that...

FOODCONF2\_a ...Restaurants in the UK [IF NORTHERN IRELAND: 'and

Ireland] ensure the food you buy is safe to eat?

**FOODCONF2** b ....Takeaways in the UK [IF NORTHERN IRELAND: 'and Ireland]

ensure the food you buy is safe to eat?

**FOODCONF2 c** ... Online ordering and delivery companies e.g. Just Eat,

Deliveroo or Uber Eats, etc ensure the food you buy is safe to

eat?

Please select one answer only for each statement

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. It varies

#### 6. Don't know

#### [TIMESTAMP12]

#### [ASK ALL]

**HEARDOF\_w6** Which of the following, if any, have you heard of?

#### Please select all that apply

#### [ENGLAND]

- 1. Food Standards Agency (FSA)
- 2. UK Health Security Agency (UKHSA)
- 3. Department for Environment, Food and Rural Affairs (DEFRA)
- 4. Environment Agency
- 5. Health and Safety Executive (HSE)
- 6. The Office for Health Improvement and Disparities
- 7. None of these [EXCLUSIVE]

# [WALES]

- 1. Food Standards Agency (FSA)
- 2. Public Health Wales
- 3. Natural Resources Wales
- 4. Health and Safety Executive (HSE)
- 5. None of these [EXCLUSIVE]

#### [NI]

- 1. Food Standards Agency (FSA)
- 2. Public Health Agency (PHA)
- 3. Department of Agriculture, Environment and Rural Affairs (DAERA)
- 4. Health and Safety Executive Northern Ireland (HSENI)
- 5. safefood
- 6. None of these [EXCLUSIVE]

#### [TIMESTAMP13]

#### [ASK ALL]

**FSADO** How much, if anything, do you know about the Food Standards Agency, also known as the FSA?

Please select one answer only

- 1. I know a lot about the FSA and what it does
- 2. I know a little about the FSA and what it does
- 3. I've heard of the FSA but know nothing about it
- 4. I hadn't heard of the FSA until I was contacted to take part in this survey
- 5. I've never heard of the FSA

# [ASK THOSE WHO HAVE NO OR LITTLE PRIOR KNOWLEDGE OF THE FSA-FSADO = 3-5]

**FSACON1** How confident are you that the Government Agency responsible for food safety in England, Wales and Northern Ireland...

**FSACON1\_a**...can be relied upon to protect the public from food-related risks (such as food poisoning or allergic reactions from food)?

**FSACON1\_b**...is committed to communicating openly with the public about food-related risks?

**FSACON1\_c**...takes appropriate action if a food-related risk is identified?

Please select one answer for each statement only

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. Don't know

# [ASK THOSE WHO HAVE PRIOR KNOWLEDGE OF THE FSA- FSADO = 1 or 2]

**FSACON2** How confident are you that the Food Standards Agency...

**FSACON2\_a**...can be relied upon to protect the public from food-related risks (such as food poisoning or allergic reactions from food)?

**FSACON2\_b** ...is committed to communicating openly with the public about food-related risks?

**FSACON2\_c**...takes appropriate action if a food-related risk is identified?

Please select one answer for each statement only

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident
- 5. Don't know

# [ASK ONLY THOSE WHO HAVE PRIOR KNOWLEDGE OF THE FSA- FSADO=1 or 2]

**FSATRUST** How much do you trust or distrust the Food Standards Agency to do its job? That is to make sure that food is safe and what it says it is.

Please select one answer only

- 1. I trust it a lot
- 2. I trust it
- 3. I neither trust nor distrust it
- 4. I distrust it
- 5. I distrust it a lot
- 6. Don't know

#### [ASK ALL]

**SCIENTRUST** How confident are you that scientific research produces accurate conclusions?

Please select one answer only

- 1. Very confident
- 2. Fairly confident
- 3. Not very confident
- 4. Not at all confident

#### 5. Don't know

### [ASK ALL]

# [FOLLOWING COMPRISES 3 SEPARATE QUESTIONS WITH COMMON CONFIDENCE SCALE]

**ORGTRUST1** If an organisation were to base their decision-making and advice on **scientific evidence**, would this make you...

ORGTRUST2 If an organisation were to make the scientific evidence underpinning any decisions openly available, would this make you...

**ORGTRUST3** If an organisation were to use **independent expert advice** to inform any decisions, would this make you...

Please select one answer for each statement only

- 1. Trust the organisation a lot more
- 2. Trust the organisation slightly more
- 3. It would make no difference
- 4. Trust the organisation slightly less
- 5. Trust the organisation a lot less
- 6. Don't know

#### [ASK ALL]

# STATEMENTS RANDOMISED. LINK STATEMENTS B AND C AND D AND E, SO THEY APPEAR TOGETHER WHEN RANDOMISED

**ISSUESIMPACT** Thinking about food in [IN ENGLAND AND WALES: 'the UK' IN NORTHERN IRELAND: 'the UK and Ireland'] today, how concerned, if at all, do you feel about each of the following topics?

**ISSUESIMPACT** a Affordability of food

- ISSUESIMPACT\_b Food produced in [IN ENGLAND AND WALES: 'the UK' IN

  NORTHERN IRELAND: 'the UK and Ireland'] being safe and
  hygienic
- ISSUESIMPACT\_c Food from outside [IN ENGLAND AND WALES: 'the UK' IN NORTHERN IRELAND: 'the UK and Ireland'] being safe and hygienic
- ISSUESIMPACT\_d Food produced in [IN ENGLAND AND WALES: 'the UK' IN

  NORTHERN IRELAND: 'the UK and Ireland'] being what it says

  it is
- ISSUESIMPACT\_e Food from outside [IN ENGLAND AND WALES: 'the UK' IN

  NORTHERN IRELAND: 'the UK and Ireland'] being what it says

  it is

**ISSUESIMPACT\_f** Food being produced sustainably

**ISSUESIMPACT\_g** The availability of a wide variety of food

**ISSUESIMPACT** h Animal welfare in the food production process

**ISSUESIMPACT\_i** Ingredients and additives in food

**ISSUESIMPACT\_j** Genetically modified (GM) food

Please select one answer for each statement

- 1. Highly concerned
- 2. Somewhat concerned
- 3. Not very concerned
- 4. Not at all concerned
- 5. Don't know

#### [TIMESTAMP14]

MODULE: HOUSEHOLD FOOD SECURITY

**[NEW SCREEN]** The following questions ask about your household's personal situation.

# [ASK ALL]

#### [FOR THE FOLLOWING PLEASE USE CAROUSEL GRID FORMAT]

**FOODSEC** Please say whether the statement below was often true, sometimes true or never true for {TEXT FILL DEPENDING ON HH SIZE: you/people in your household} in the last 12 months.

**FOODSEC\_1** {TEXT FILL DEPENDING ON HH SIZE: I/We} worried whether ( my/our) food would run out before (I/we) got money to buy more.

**FOODSEC\_2** The food that (I/we) bought just didn't last, and {TEXT FILL DEPENDING ON HH SIZE: I/we} didn't have money to get more.

**FOODSEC\_3** {TEXT FILL DEPENDING ON HH SIZE: I/We} couldn't afford to eat balanced meals.

Please select one answer only for each statement

- 1. Often true
- 2. Sometimes true
- 3. Never true
- 4. Don't know or prefer not to say

### [ASK IF FOODSEC\_1=1 or 2 FOODSEC\_2=1 or 2 FOODSEC\_3=1 or 2]

**SKIPMEAL** In the last 12 months, did you {IF OTHER ADULTS IN HH or any other adult in your household} ever cut the size of your meals or skip meals because there wasn't enough money for food?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know or prefer not to say

#### [IF SKIPMEAL = 1]

**SKIPFREQ** How often did this happen – almost every month, some months but not every month, or in only 1 or 2 months?

Please select one answer only

- 1. Almost every month
- 2. Some months but not every month
- 3. Only 1 or 2 months
- 4. Don't know or prefer not to say

# [ASK IF FOODSEC\_1=1 or 2 FOODSEC\_2=1 or 2 FOODSEC\_3=1 or 2]

**EATLESS** In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know or prefer not to say

### [ASK IF FOODSEC 1=1 or 2 FOODSEC 2=1 or 2 FOODSEC 3=1 or 2]

**HUNGRY** In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know or prefer not to say

#### [ASK IF FOODSEC\_1=1 or 2 FOODSEC\_2=1 or 2 FOODSEC\_3=1 or 2]

**LOSTWT** In the last 12 months, did you lose weight because there wasn't enough money for food?

Please select one answer only

- 1. Yes
- 2. No

3. Don't know or prefer not to say

# [ASK IF SKIPMEAL =1 and/or EATLESS =1 and or HUNGRY =1 and/or LOSTWT =1]

**NOTEAT** In the last 12 months, did you {TEXT FILL IF OTHER ADULTS IN HH: or any other adults in your household} ever not eat for a whole day because there wasn't enough money for food?

#### SINGLE CODE

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know or prefer not to say

# [ASK IF DIDN'T EAT FOR WHOLE DAY IN LAST 12 MONTHS - NOTEAT = 1]

**NOTEATFREQ** How often did this happen – almost every month, some months but not every month, or in only 1 or 2 months?

Please select one answer only

- 1. Almost every month
- 2. Some months but not every month
- 3. Only 1 or 2 months
- 4. Don't know or prefer not to say

### [ASK ALL]

**CHANGEA** In the last 12 months, have you made any of these changes for financial reasons?

#### MULTICODE. RANDOMISE ANSWERS APART FROM CODES 21 AND 22

Please select all that apply

- 1. Eaten out less
- 2. Eaten at home more

- 3. Eaten fewer takeaways
- 4. Eaten more takeaways
- 5. Cooked from scratch more
- 6. Bought items on special offer more (e.g. 3 for 2)
- 7. Prepared food to be kept as leftovers / cooked in batches more
- 8. Changed where you buy food to somewhere cheaper
- 9. Changed the food you buy to something cheaper
- 10. Made packed lunches more
- 11. Kept leftovers for longer before eating
- 12. Bought reduced / discounted food close to its use by date more
- 13. Eaten food past its use by date more
- 14. Started using a food bank/emergency food provider
- 15. Reduced the amount of fresh food you buy
- 16. Swapped to buying food with lower welfare or environmental standards
- 17. Bought less food that is locally produced
- 18. Bulked out meals with cheaper ingredients more
- 19. Changed the length of time or temperature food is cooked at
- 20. Changed the setting on the fridge or freezer
- 21. I have made another food-related change (please specify)
- 22. I have not made any changes

#### [TIMESTAMP15]

#### [ASK ALL]

**FOODBANK** In the last 12 months, have you, or anyone else in your household, received a free parcel of food from a food bank or other emergency food provider?

Please select one answer only

- 1. Yes
- 2. No
- 3. Prefer not to say

#### [ASK IF CHANGEA=14 OR FOODBANK=1]

**FBANKFREQ** How often in the last 12 months, have you, or anyone else in your household, received a free food parcel from a food bank or other emergency food provider?

Please select one answer only

- 1. Only once in the last year
- 2. Two or three times in the last year
- 3. Four to six times in the last year
- 4. More than six times but not every month
- 5. Every month or more often
- 6. Don't know
- 7. Prefer not to say

# [TIMESTAMP16]

# [ASK ALL]

**FOODCLUB** Social supermarkets (also known as food clubs / hubs or community pantries) allow people to buy food at a heavily discounted price, or as part of a membership. These are generally community organisations and are different from food banks as they offer a choice of food, provide a retail-like environment and may provide social support.

In the last 12 months, have you, or anyone else in your household, used a social supermarket (also known as a food club / hub or community pantry)?

Please select one answer only

- 1. Yes
- 2. No
- 3. Prefer not to say
- 4. I had not heard of a social supermarket, food club / hub or community pantry before today

# [ASK IF FOODCLUB=1]

**FOODCLUBFREQ** How often in the last 12 months, have you, or anyone else in your household, used a social supermarket (also known as a food club / hub or community pantry)?

Please select one answer only

- 1. Every day
- 2. Most days
- 3. 2-3 times a week
- 4. About once a week
- 5. 2-3 times a month
- 6. About once a month
- 7. Less than once a month
- 8. Can't remember

### [ASK IF CHILDREN AGED 5-15 in HOUSEHOLD]

**FOODSCH** Did {TEXT FILL BASED ON NUMBER OF CHILDREN: your child/any of the children in your household} attend any of the following in the past 12 months?

Please select all that apply

- 1. A breakfast club before school
- 2. An after-school club where they also received a meal (tea/dinner)
- 3. A lunch and activity club that ran only during school holidays
- 4. None of these [EXCLUSIVE]
- 5. Don't know [EXCLUSIVE]

#### [ASK IF PREGNANT OR CHILD IN HH AGED 0-4]

**HSVOUCH** Do you receive Healthy Start vouchers {IF PREGNANT: for yourself} {IF CHILDREN IN HH: for your children} {IF BOTH: for yourself or your children}?

[INFO BUTTON: Healthy Start is a voucher scheme for women who have young children or who are pregnant and receiving benefits. Vouchers can be used to buy basic foods like milk or fruit, as well as vitamins]

Please select one answer only

- 1. Yes
- 2. No
- 3. Don't know
- 4. Prefer not to say

# [TIMESTAMP17]

**MODULE: DEFRA** 

[ASK ALL]

**DEFRA1** What is most important to you when you are choosing which foods to buy?

#### RANDOMISE ANSWERS.

Please select up to three answers

- 1. Price / Value for money
- 2. Quality
- 3. Freshness
- 4. Taste
- 5. Appearance of food
- 6. Healthiness
- 7. Use by date / how long it will keep for
- 8. Country of origin
- 9. Ingredients
- 10. That it is ethical or eco-friendly
- 11. Farming methods e.g. organic or free-range farming
- 12. How it is made or how it is produced
- 13. Choice / availability / variety
- 14. Buying what my household / children want
- 15. Trust in supplier
- 16. Safety of product
- 17. Convenience / how easy it is to cook or prepare

- 18. Other
- 19. Don't know [EXCLUSIVE]

**DEFRA2 w7** How important is it to you:

- **DEFRA2\_w7\_4** To buy food that was produced in Britain [IF NORTHERN IRELAND: 'in the UK and Ireland']?
- **DEFRA2\_w7\_5** To buy drink that was produced in Britain [IF NORTHERN IRELAND: 'in the UK and Ireland']?
- **DEFRA2\_w7\_2** To buy meat, eggs and dairy which is produced with high standards of animal welfare?
- **DEFRA2\_w7\_3** To buy food which has a low environmental impact?

Please select one answer only for each statement

- 1. Very important
- 2. Somewhat important
- 3. Not very important
- 4. Not at all important
- 5. Don't know

#### [ASK ALL]

**DEFRA3** How often do you do the following, where possible:

- **DEFRA3\_1** Buy food produced in Britain [IF NORTHERN IRELAND: 'the UK and Ireland']?
- **DEFRA3\_2** Buy meat, eggs and dairy which has information on animal welfare
- **DEFRA3\_3** Buy food which has a low environmental impact

Please select one answer only for each statement

1. Always

- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

**DEFRA4** When purchasing food, how often do you do the following?

**DEFRA4\_1** Check for information on animal welfare

**DEFRA4\_2** Check for information on environmental impact

Please select one answer only for each statement

- 1. Always
- 2. Most of the time
- 3. About half the time
- 4. Occasionally
- 5. Never
- 6. Don't know

# [ASK ALL]

**DEFRA5** w7 To what extent do you agree or disagree with the following:

**DEFRA5\_w7\_1** Meat, eggs and dairy products show enough information about animal welfare

**DEFRA5\_w7\_2** Food products show enough information about their environmental impact

**DEFRA5\_w7\_3** Food products show enough information about their country of origin

Please select one answer only for each statement

1. Strongly agree

- 2. Agree
- 3. Neither agree nor disagree
- 4. Disagree
- 5. Strongly disagree
- 6. Don't know

**DEFRA6** What do you think contributes most to the environmental impact of food?

#### RANDOMISE ANSWERS.

Please select up to three answers

- 1. Transportation of food
- 2. Food packaging
- 3. The way in which crops are grown
- 4. Food processing
- 5. Chemical or Pesticide use
- 6. Production of meat
- 7. Food waste
- 8. Land management / deforestation
- 9. Consumer demand / trends
- 10. Water usage
- 11. Other, please specify\_\_\_\_
- 12. Don't know [EXCLUSIVE]

#### [ASK ALL]

**DEFRA7** What would indicate to you whether a product containing meat, eggs or dairy had been produced with high standards of animal welfare?

#### RANDOMISE ANSWERS.

Please select up to three answers

- 1. Free-range label
- 2. Information on packaging

- 3. Country of origin
- 4. Traceability of product
- 5. Preferred store or brand
- 6. Appearance of product
- 7. Price of product
- 8. Generic Organic label
- 9. Red Tractor logo
- 10. RSPCA Assured logo
- 11. Lion egg logo
- 12. Soil Association logo
- 13. Marine Stewardship Council (MSC) logo
- 14. Other certification / logo, please specify \_\_\_\_\_
- 15. Other, please specify\_\_\_\_
- 16. Don't know [EXCLUSIVE]

**DEFRA8** What do you use to judge the quality of food?

#### **RANDOMISE ANSWERS APART FROM 12**

Please select up to three answers

- 1. Taste
- 2. Appearance
- 3. Country of origin
- 4. Convenience
- 5. Ingredients
- 6. Animal welfare
- 7. Freshness
- 8. Assurance schemes
- 9. Brand
- 10. Price
- 11. Environmental impact
- 12. Other, please specify

#### **ASK ALL**

#### [SHOW AS COLLAPSABLE GRID]

**HEARDOF** Have you ever heard of...

**HEARDOFGM** ...Genetically modified (GM) food?

**HEARDOFGE** ...Gene edited or genome edited food?

**HEARDOFPB** ... Precision bred food?

Please select one answer only for each statement

- 1. Yes, I've heard of it and know quite a lot about it
- 2. Yes, I've heard of it and know a bit about it
- 3. Yes, I've heard of it but don't know much about it
- 4. Yes, I've heard of it but don't know anything about it
- 5. No, I've never heard of it

### [TIMESTAMP18]

#### **MODULE: ABOUT YOU 2**

And finally, some more general questions about you {TEXT FILL IF LIVES WITH OTHERS and your household} to help us analyse our results.

#### [ASK ALL]

**AGEYR** What is your age in years?

[OPEN BOX - ALLOW UP TO 3 DIGITS TO BE TYPED IN. ALLOW ANSWERS BETWEEN 16 AND 120]

# [ASK IF RESPONDENT TRIES TO SKIP AGEYR WITHOUT PROVIDING AN ANSWER]

**AGEBAND** Which age category are you in?

- 1. 16-24
- 2. 25-29
- 3. 30-34
- 4. 35-39
- 5. 40-44

- 6. 45-49
- 7. 50-54
- 8. 55-59
- 9. 60-64
- 10.65-69
- 11.70-74
- 12.75-79
- 13.80 or older
- 14. Prefer not to say

## [ASK ALL]

COUPLE\_w7 Are you living with someone in this household as a couple?

Please select one answer only

- 1. Yes
- 2. No
- 3. Prefer not to say

## [ASK ALL] MARSTAT Are you...

- 1. Single, that is, never married and never registered a civil partnership
- 2. Married
- 3. Separated, but still legally married
- 4. Divorced
- 5. Widowed
- 6. In a registered civil partnership
- 7. Separated, but still legally in a civil partnership
- 8. Formerly in a civil partnership which is now legally dissolved
- 9. Surviving partner from a civil partnership
- 10. Prefer not to say

## [ASK ALL] ACTSTAT What is your current working status?

#### Please select first answer to apply

- 1. Student in full-time education studying for a recognised qualification
- 2. Working full-time (30+ hours)
- 3. Working part-time (less than 30 hours)
- 4. Not working on maternity / paternity leave
- 5. Not working retired
- 6. Not working looking after house/children/relatives
- 7. Not working long term sick or disabled
- 8. Unemployed less than 12 months
- 9. Unemployed 12 months or more
- 10. Student in part-time education studying for a recognised qualification
- 11. Doing something else

#### [ASK IF 2 OR 3 AT ACTSTAT]

#### **WORKHOME**

At the moment, are you working from home?

#### Please select one answer only

- 1. Yes, I work from home all or most of the time
- 2. Yes, I work from home some of the time
- 3. No, I never work from home
- 4. Prefer not to say

#### [ASK ALL]

**ETHGRP** Which one of the following best describes your ethnic group or background?

Please select one answer only

#### WHITE [drop down options below]

1. English/Welsh/Scottish/Northern Irish/British

- 2. Irish
- 3. Gypsy or Irish Traveller
- 4. Any other White background (please specify)

## MIXED [drop down options below]

- 5. White and Black Caribbean
- 6. White and Black African
- 7. White and Asian
- 8. Any other mixed/multiple ethnic background (please specify)

## ASIAN OR ASIAN BRITISH [drop down options below]

- 9. Indian
- 10. Pakistani
- 11. Bangladeshi
- 12. Chinese
- 13. Any other Asian/Asian British background (please specify)

# BLACK OR BLACK BRITISH [drop down options below]

- 14. Caribbean
- 15. African
- 16. Any other Black/Black British background (please specify)

#### OTHER ETHNIC GROUP [drop down options below]

- 17. Arab
- 18. Any other ethnic group (please specify) [offer open text box for this]
- 19. Prefer not to say

## [ASK ALL]

**RELIG** What is your religion?

- 1. No religion
- 2. Christian

- 3. Buddhist
- 4. Hindu
- 5. Jewish
- 6. Muslim
- 7. Sikh
- 8. Any other religion
- 9. Prefer not to say

## [ASK ALL]

**LTCOND** Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?

Please select one answer only

- 1. Yes physical condition
- 2. Yes mental health condition
- 3. Yes both physical and mental health condition
- 4. No
- 5. Prefer not to say

#### [ASK ALL]

**INCTYPE1** Below is a list of various possible sources of income. Can you please indicate which kinds of income your household receives?

Please select all that apply

- 1. Earnings from employment or self-employment
- 2. Pension from a former employer
- 3. Maternity or paternity pay
- 4. State Pension
- 5. Universal Credit
- 6. Child Benefit
- 7. Income Support
- 8. Personal Independence Payment, Disability Living Allowance, Attendance Allowance

- 9. Other State Benefits
- 10. Tax Credits
- 11. Employment Support Allowance (ESA)
- 12. Interest from savings and investments etc.
- 13. Other kinds of regular allowance from outside the household e.g rent, maintenance
- 14. No source of income [EXCLUSIVE]
- 15. Prefer not to say [EXCLUSIVE]

## [ASK ALL]

**INCTOT\_ANNUAL\_w4** Thinking of the income of the household as a whole, which of the following groups represents the total income of the whole household before deductions for income tax, National Insurance etc. You may indicate either annual or monthly income.

#### Please select one answer only

	Annual Income	<b>Monthly Income</b>
1	Less than £13,000	less than £1,083
2	£13,000-£18,999	£1,083-£1,583
3	£19,000-£25,999	£1,584-£2,167
4	£26,000-£31,999	£2,168-£2,667
5	£32,000-£47,999	£2,668-£4,000
6	£48,000-£63,999	£4,001-£5,333
7	£64,000-£95,999	£5,334-£8,000
8	More than £96,000	more than £8,000
9	Prefer not to say	

## [ASK IF NOT WORKING – ACTSTAT=1 or 5-11]

**EVWORK** Have you ever worked?

- 1. Yes
- 2. No

#### [ASK IF ACTSTAT = 2,3 OR 4 OR IF EVWRK = 1]

[Note question wording slightly different according to whether they are working or not]

[IF ACTST = 2 or 3] SEMP Are you working as an employee or are you selfemployed?

[IF ACTST = 4] SEMP Please tell us about the work you are on maternity/paternity leave from

[IF EVWRK = 1] SEMP Were you working as an employee or were you selfemployed in your last main job?

Please select one answer only

- 1. Employed
- 2. Self-employed

## [ASK IF SEMP = 1]

**[IF ACTSTAT = 2, 3 OR 4] SUPER** In your job do you have any formal responsibility for supervising the work of other employees?

[IF EVWRK = 1] SUPER In your job did you have any formal responsibility for supervising the work of other employees?

[INFO BUTTON: What do I include as supervising?

**INCLUDE** supervising employees

DO NOT include supervising children, animals or buildings.]

Please select one answer only

- 1. Yes
- 2. No

#### [ASK IF SEMP = 1]

**[IF ACTSTAT = 2, 3 OR 4] NEMPL** How many people work for your employer at the place where you work?

**[IF EVWRK = 1] NEMPL** How many people worked for your employer at the place where you worked?

Please select one answer only

- 1.1-24
- 2. 25 499
- 3. 500 or more
- 4. Unsure

# [ASK IF SEMP = 2]

**[IF ACTSTAT = 2, 3 OR 4] ANYEMP** Are you working on your own or do you have employees?

**[IF EVWRK = 1] ANYEMP** Were you working on your own or did you have employees?

Please select one answer only

- 1. On my own/with partner but no employees
- 2. With employees

#### [ASK IF ANYEMP = 2]

[IF ACTSTAT = 2, 3 OR 4] NEMPL2 How many people do you employ at the place where you work?

**[IF EVWRK = 1] NEMPL2** How many people did you employ at the place where you worked?

Please select one answer only

- 1. 1 24
- 2. 25 499
- 3. 500 or more

#### [ASK IF ACTSTAT = 2, 3 OR 4 EVWRK = 1]

[IF ACTSTAT = 2, 3 OR 4] OCCUP Select the answer which best describes the sort of work you do.

**[IF EVWRK = 1] OCCUP** Select the answer which best describes the sort of work you did in your last job.

- Modern professional occupations such as: teacher nurse physiotherapist - social worker - welfare officer – artist – musician - police officer (sergeant or above) - software designer
- Clerical and intermediate occupations such as: secretary personal
   assistant clerical worker office clerk call centre agent nursing auxiliary
   nursery nurse
- Senior managers or administrators (usually responsible for planning, organising and co-ordinating work, and for finance) such as: finance manager – chief executive
- 4. **Technical and craft occupations** such as: motor mechanic fitter inspector plumber printer tool maker electrician gardener train driver
- Semi-routine manual and service occupations such as: postal worker machine operative – security guard – caretaker – farm worker – catering assistant – receptionist – sales assistant
- Routine manual and service occupations such as: HGV driver van driver
   cleaner porter packer sewing machinist messenger labourer –
   waiter/waitress bar staff
- 7. **Middle or junior managers** such as: office manager retail manager bank manager restaurant manager warehouse manager publican
- 8. **Traditional professional occupations** such as: accountant solicitor medical practitioner scientist civil/mechanical engineer

#### [TIMESTAMP19]

#### **VOUCHER AND RECONTACT QUESTIONS**

## [ASK ALL]

**VOUCH** Thank you for taking the time to complete this survey. In appreciation, we would like to give you a gift voucher. To receive your gift voucher please enter your email address below.

If you provide us with your email address, we will send you an e-voucher within five working days after you have completed the survey. You will be able to redeem your e-voucher from a wide range of online retailers.

Please enter your email address here:

{open box}

Please re-enter your email address here:

{open box}

{Provide suitable standard space and format for this to be entered including double entry for accuracy with no option to paste second entry}

99. Do not wish to receive gift voucher

{CHECK if both 99 checked and email address entered - Please enter a valid email address OR check 'Do not wish to receive voucher}

#### [ASK ALL]

**RC1** This study was commissioned and funded by the Food Standards Agency (FSA). The FSA may wish to carry out follow up research on this topic sometime within the next two years.

If you agree, we will pass your name and email address to the FSA so they can invite you to take part in follow up research. The FSA may share these details with research agencies appointed to carry out this follow up research on their behalf. The full privacy policy can be found here [insert link].

Would you be willing for Ipsos to share your name, email address and your survey responses with the FSA to allow them and their agents to contact you again for follow up research? [INFO BUTTON: If you agree to be recontacted by the FSA or their partners, Ipsos will forward your name and email address, alongside any relevant Food and You survey responses. Please be assured that your name, email address and survey responses will be held securely by the above organisations and will only be used for research purposes if follow up research is done. This information will not be used for commercial purposes, and will be destroyed after two years.]

Please select one answer only

- 1. Yes
- 2. No

#### [ASK IF RC1 = 1]

RC3 What is your name (forename and surname)?

Please write your names in the box below

#### Forename

[Provide suitable standard space and format for this to be entered]

Surname

[Provide suitable standard space and format for this to be entered]

[If they try to move on without entering details or with just one letter in a field: Error message: If you are willing to be re-contacted about this study or follow up research we need your full name in order to contact you]

#### [ASK IF RC1=1 and VOUCH has email address]

**RC4A** You have already given us your email address for sending the voucher. May we also use this to contact you about further research?

Please select one answer only

1. Yes

#### 2. No

## [ASK IF RC1=1 and VOUCH= no email address (99)]

**RC4** What is your email address?

INFO BUTTON: What will you use my email address for? If you provide us with your email address, this may be used to contact you to ask questions about this study or invite you to take part in follow up research on the topic.

Please enter your email address here:

{open box}

Please re-enter your email address here:

{open box}

## 99. Do not wish to give email address

{Provide suitable standard space and format for this to be entered including double entry for accuracy but with no opportunity to paste into second entry}

{CHECK if both 99 checked and email address entered - Please enter a valid email address OR check 'Do not wish to receive voucher}

### [ASK ALL]

**WLANG1** Lastly, did you complete this questionnaire in English or Welsh?

Please select one answer only

- 1. All of it in English
- 2. Most of it in English, but some in Welsh
- 3. Most of it in Welsh, but some in English
- 4. None of it in English
- 5. Prefer not to say

#### [TIMESTAMP20]

You have now reached the end of the survey. To submit your answers, please click the 'submit' button below.

# [THANKS]

Thank you very much for giving your time to take part in this survey.

The results will be used by the FSA to inform policy decision-making and communication campaigns by identifying areas where action or further research is required.

Your answers have now been submitted. You can exit the questionnaire by closing your internet browser.

Is there another adult in your household who has not yet completed the survey? If so, please remind them that they can also take part in the survey. Thank you!

If you have any questions, please visit our survey website: <a href="https://www.foodandyou2.org">www.foodandyou2.org</a> or contact us using the details below

Email: <a href="mailto:foodandyou2survey@lpsos.com">foodandyou2survey@lpsos.com</a>.

Telephone helpline: 0800 014 9467