## **PROVE IT: RECORDS**



You should regularly check that a method is safe. For example, if you use a method that is different to those recommended in the pack, or to provide reassurance a method is working properly. See the 'Prove it' safe method in the Management section.

You can record details of these checks below.

SAFE METHOD	HOW DID YOU PROVE IT?	DATE
Cooking	Beef burger probed at 12.35 – temperature 82.7°C	XX/XX/XXXX