## ALLERGENS: CHEF RECIPE CARDS

## Dish/ingredient:

## Date:

Chef:
Please state the name of the cereal(s) containing gluten* AND/OR the name of the nut(s) ${ }^{\dagger}$


## Notes:

Reviewed and checked by:

[^0]
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| Celery $\square$ | Cereals containing gluten* $\square$ | Crustaceans $\square$ | Eggs $\square$ | Fish $\square$ |
| :---: | :---: | :---: | :---: | :---: |
| Lupin $\square$ | Milk $\square$ | Molluscs $\square$ | Mustard $\square$ |  |
| Peanuts $\square$ | Sesame seeds $\square$ | Soya $\square$ | Sulphur dioxide $\square$ | Tick the allergens which are in the dish |

## Notes:

Reviewed and checked by:


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    You can find this template and others, including more information at www.food.gov.uk/allergy-guidance

