YOUR FRIDGE is YOUR FRIEND

KEEP FOOD SAFE & MAKE YOUR BUDGET GO FURTHER

CREATE YOUR OWN RECIPE!

NAME OF RECIPE:

INGREDIENTS/LEFTOVERS:

METHOD/PREPARATION

Learn about labels: food.gov.uk/foodsafetyweek
Make the most of your food: lovefoodhatewaste.com

LOVE FOOD hate waste

Food Standards Agency
food.gov.uk